

McHenry

Parks & Recreation Department

2018 SUMMER



REGISTRATION BEGINS
APRIL
Residents | Non-Residents
4TH | **11TH**





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KELSEY ADAMS | ADAMSKELSEY@YAHOO.COM | 815.278.9272 | #KADAMSFOTO | @K-ADAMSFOTO



McHenry County Fair
Woodstock, IL 60098
July 31 – August 5, 2018
www.mchenrycountyfair.com

2018 McHenry County Fair Present Coupon for
\$2.00 off Admission to the Fair
August 3, 4, or 5, 2018

McHenry



Contact us at:
815-355-4225
www.golfacademytc.com
5200 Pleasant Hill Road
Prairie Grove, IL 60012

**Golf Academy at Terra Cotta
Year Round Indoor and Outdoor Golf
Teaching & Practice Facility**



2018 River Run 5K & 10K

Saturday, July 14, 2018

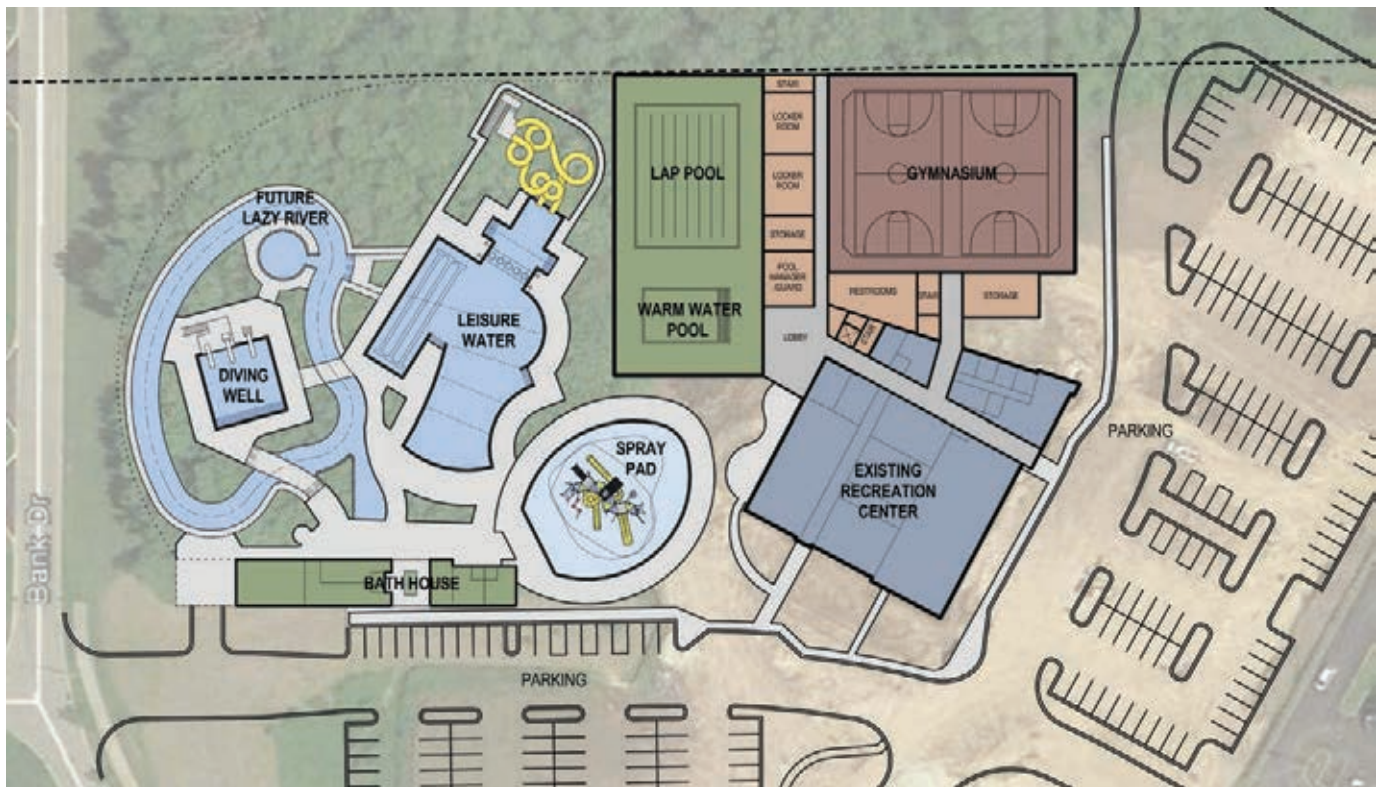
We are looking for sponsors to help with this event!

Get your company in the spotlight!

Sponsors receive a booth at the vendor fair and company name on all promotional materials.

Contact Nicole Thompson at 815-363-2165 to discuss the different levels of sponsorship today!

CAN YOU SEE THIS IN OUR FUTURE?



WE NEED YOUR HELP TO BUILD A BIGGER, BRIGHTER FUTURE FOR OUR COMMUNITY!

The McHenry Recreation Center opened in February of 2016. The facility was built utilizing ZERO tax dollars, and within one year had become entirely self-sustaining. With the completion of our second year we are over 2,400 members and are ready to expand!

ABOUT US...

- The McHenry Parks and Recreation Department is a Park DEPARTMENT and NOT a Park DISTRICT. That means we do NOT levy our own taxes and are a portion of the City of McHenry's tax bill.
- The City portion of your tax bill is ONLY 7% of your total tax bill. As a department, we construe just 10% of the city's overall budget.
- ALL parks maintenance of your 40 parks and All the programs offered in our 3 seasonal brochures are covered by just ONE % of your total tax bill.

ABOUT THE PROJECT...

- The initial phase of the recreation center is 18,200 sq. ft. and includes a 4,500 sq. ft. fitness center, two group exercise rooms and a large dividable multi-purpose room. It was built with a masterplan in mind to be able to expand seamlessly.
- The proposed additions include: a two court gymnasium with a walking track, an INDOOR competition pool, a therapy pool and splash pad, and finally an entire multi-generational outdoor aquatic facility.

FIRST STEPS...

- The City took the first steps toward expansion last year through a Community Needs Assessment process. Surveys were sent citywide polling residents on both indoor and outdoor park necessities.
- The proposed masterplan reflects the results of the Community Needs Assessment and provides the road-map of where we are headed.

PROPOSED REFERENDUM...

- To create the recreation hub our community has long deserved, we will need residents to become our partners. Currently, a ballot measure on a proposed property tax referendum for the November 6, 2018 general election is being explored. The McHenry City Council will review the entire proposal and ballot language in the coming weeks and render a decision on placing the measure in our community's hands for a vote.

Parks & Recreation

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815-363-2160

Facilities

McHenry Recreation Center
3636 Municipal Drive
P: 815-363-2160
F: 815-363-3186
recinfo@ci.mchenry.il.us
www.ci.mchenry.il.us

Lakeland Park Community Center
1717 N. Sunset Avenue

Merkel Aquatic Center at Knox Park
201 S. Green Street

Petersen Park & Beach
4300 Petersen Park

McBark Dog Park
2500 N. Richmond Road

McHenry Zone Skate & Bike Park
330 S. Knox Drive

Program Locations

Boone Creek Country Club
6912 Mason Hill Rd, Bull Valley

Community Sailing School @ Pistakee
3300 Rocky Beach Rd, Johnsburg

Corkscrew Gymnastics
2309 N. Ringwood Rd, McHenry

Duker School
3711 W. Kane Ave, McHenry

Edgebrook School
701 N. Green St, McHenry

Freund Field
3905 West Avenue, McHenry

The Golf Academy at Terra Cotta
5200 Pleasant Hill Rd, Prairie Grove

Hilltop School
2615 W. Lincoln Rd, McHenry

McCracken Track & Field
3712 W. Kane Ave, McHenry

McHenry High School - East
1012 N. Green St, McHenry

McHenry High School - West
4724 W. Crystal Lake Rd, McHenry

McHenry Middle School
2120 W. Lincoln Rd, McHenry

Parkland School
1802 N. Ringwood Rd, McHenry

Petersen Historic Farm
4112 McCullom Lake Rd, McHenry

The Studio
3316 W. Pearl St, McHenry

Valley View School
6515 W. Route 120, McHenry

Local Organizations

Northern Illinois Special
Recreation Association (NISRA)
285 Memorial Dr, Crystal Lake,
815-459-0737
www.nisra.org

McHenry Marlins Aquatic Club
www.macswimmers.org

McHenry Baseball Association
www.mchenrybaseball.com

Northern United FC Soccer
www.northernunitedfc.org

McHenry Pigtail Softball
www.mchenrypigtail.com

McHenry Junior Warriors Football
www.mtjw.org

McHenry Chamber of Commerce
mchenrychamber.com

Household Proof of Residency

For all new registrations, the McHenry Parks & Recreation Department will be requiring annual proof of residency verification.

City of McHenry residents contribute to the operating budget of the McHenry Parks & Recreation Department by paying property taxes. Everyone who resides within the boundaries of the City of McHenry is eligible to receive resident discounted rates. Once per year, each City of McHenry household is required to show proof of residency before a registration or rental can be completed. Non-resident fees are the second fees shown in the program descriptions. These rates are not discounted and are necessary in order to ensure that non-resident participants contribute to the overall financing of the City's Parks & Recreation Department programs and services on an equitable basis with residents.

Annually, residents must show proof of residing within the City of McHenry limits by providing a license/photo ID along with one of the following documents showing a City of McHenry address:

- Current utility bill
- Real estate contract
- Property Lease
- For minors, school records or report cards

Those that own property but do not reside in the City (i.e. rent that property) are able to obtain resident status. A household shall consist of everyone that physically lives at that address. Guardianship must be proven for minors living with anyone other than their parents. Proof of residency can be provided in person at the McHenry Recreation Center, by email at recinfo@ci.mchenry.il.us or by fax at 815-363-3186.

Ways to Register

Program registration begins April 4 for Resident (R) and April 11 for Non-Residents (NR).

Registrations are processed on a first-come-first-served basis. Please register early - programs fill quickly.

If you have any questions regarding residency or registration, call 815-363-2160.

ONLINE

Visit <http://webtrac.ci.mchenry.il.us>

IN-PERSON Register at the McHenry Recreation Center, 3636 Municipal Drive, McHenry.

MAIL Send completed forms on pages 49-50 and payment to: Program Registration, McHenry Parks & Recreation Dept., 3636 Municipal Drive, McHenry, IL 60050

EMAIL/FAX Email or fax completed forms on pages 49-50 to:
Email: recinfo@ci.mchenry.il.us or
Fax: 815-363-3186

If a program is full, registrants will be notified. If desired, you will be added to a waitlist.

AFTER HOURS DROP-OFF BOX

A drop box is also available in the parking lot of the Municipal Center. Items dropped-off here will be forwarded to the McHenry Recreation Center.

Table of Contents

ADULT ATHLETICS 46

ADULT GENERAL..... 43

ADULT FITNESS..... 44

AQUATICS 35

DAY CAMP..... 22

EARLY CHILDHOOD 18

FACILITIES 04

FITNESS CENTER..... 16

MERKEL AQUATIC CENTER 14

PARKS 06

PETERSEN PARK BEACH 15

RENTALS 07

REGISTRATION 48

REGISTRATION FORM 49

SPECIAL EVENTS..... 12

STAFF 04

SWIM LESSONS 36

SWIM TEAM..... 38

TRIPS11

YOUTH ATHLETICS 25

YOUTH DANCE 34

YOUTH FITNESS 34

YOUTH GENERAL 20

Park Rules to Remember

- Parks are open daily, dawn to dusk (unless otherwise posted)
- Be courteous of others sharing your parks
- Supervise children at all times
- Leave nature as you found it for others to enjoy and dispose of litter in proper receptacles.
- Dogs are not permitted in McHenry parks. McBark Dog Park is available with a pass.
- Vehicles must park in designated areas and stay on roads and driveways.
- Vehicles left after closing will be towed at owner's expense.
- Report any vandalism to the Parks Department, 815-363-2168.
- Alcohol is permitted only when a park reservation has been made.

McHenry Zone Skate & Bike Park



**330 S. Knox Drive
McHenry, IL 60050**
Hours: Daily 10:00 am - 8:00 pm
(or dusk, whichever is sooner)

The McHenry Zone Skate & Bike Park is located in Knox Park. The park offers a variety of ramps and rails and will challenge even the most experienced boarders and riders. Rules are posted at the park. Helmets are required for the safety of those using the facility. The facility is open year-round, but closes due to inclement weather (rain or snow).

McBark Dog Park

**2500 N. Richmond Road
McHenry, IL 60050**
Hours: Daily 7:00 am to dusk



The dog park features shade, a large running area for dogs, onsite parking and running water. The park provides year-round opportunities for dogs and their owners to socialize as well as exercise - both important to an animal's temperament and health.

An annual pass is sold for local dog owners to access the facility. Gate access is a controlled system allowing only dog pass holders. Fees are for one calendar year from September 1 through August 31.

- Resident - \$15
- Non-Resident - \$25
- Additional Dog - \$10

Pass Registration: McHenry Municipal Center, 333 S. Green Street, McHenry. Call 815-363-2100 for more information.

Required: Registration form must be submitted for each dog, along with proof of residency for resident rate, certificate of rabies vaccination, distemper vaccination (vet receipt), and veterinarian's name, address and phone number. Forms are available at the Municipal Center or online.



Did you know the City of McHenry has a new boat launch on the Fox River??

Miller Riverfront Boat Launch is located at 2900 Charles Miller Road. The boat launch is scheduled to open May 1st. Daily launches will be available for purchase on site. Season passes will also be available for purchase at the McHenry Recreation Center. Please call the McHenry Parks and Recreation Department at 815-363-2160 for more information.

Shelter Rentals: Enjoy Your Parks

Choose from a variety of affordable, scenic parks for a rustic, natural setting for your special event, family reunion, picnic or corporate function. All shelters include picnic tables. Some include nearby washrooms, water and recreation opportunities. Alcohol and special uses are allowed with a permit - please allow four weeks notice for permits. Deposits are required.

Veterans Memorial Park Gazebo: Located in the heart of McHenry, this scenic setting offers an intimate gazebo for weddings or similar ceremonies. Rental equipment and decorations must be removed by the end of the day. For wedding rentals requiring the removal of the rails, a **\$25 maintenance fee is applied.**

Shelter Locations:

- Knox Park, 330 S. Knox Drive
- Petersen Park, 4300 Petersen Park Road
- Veterans Memorial Park, 3400 Pearl Street

Reservations: Shelter reservations are taken in person only at McHenry Recreation Center, 3636 Municipal Center, McHenry. Call Cindy Witt at 815-363-2160 for available dates and more information. See reservation form for cancellation policy.

| Rental Shelter Fees | | |
|--------------------------------|-------------|---------------|
| Group | # People | Res/Deposit |
| Resident/ Non-Profit | 25 - 50 | \$55 / \$25 |
| | 51 - 150 | \$83 / \$50 |
| | 151 - over | \$110 / \$75 |
| Non-Resident/ NR Non-Profit | 25 - 50 | \$110 / \$25 |
| | 51 - 150 | \$165 / \$50 |
| | 151 - 250 | \$220 / \$75 |
| | 251 - over | \$275 / \$100 |
| Company | In City | \$220 / \$150 |
| | Out of City | \$440 / \$150 |

Recreation Center Rentals

Enjoy the spacious community rooms for a meeting, party or reception for up to 120 people. The community rooms can be rented individually or combined into one room to accommodate larger groups. Food can be prepared during your rental in the catering kitchen adjacent to Community Room A. Alcohol is allowed with a permit - please allow four weeks notice for permit.

The dance studio is available to rent for rehearsals, workshops, auditions, showings, film and photo shoots, etc. The room includes 2 walls of mirrors with ballet barres.

Rentals are available any day of the week, space permitting.

| Room Rental Fees | | | | |
|------------------|-----------------|----------------|---------------|-----------------|
| Room | Seated Capacity | Res Rate/ Hour | NR Rate/ Hour | After Hours Fee |
| A | 40 | \$50 | \$65 | \$50 flat fee |
| B | 50 | \$50 | \$65 | \$50 flat fee |
| C | 40 | \$50 | \$65 | \$50 flat fee |
| A-C | 120 | \$125 | \$165 | \$100 flat fee |
| Kitchen | NA | \$35 flat fee | \$35 flat fee | NA |
| Dance Studio | 24 | \$35 | \$50 | \$50 flat fee |

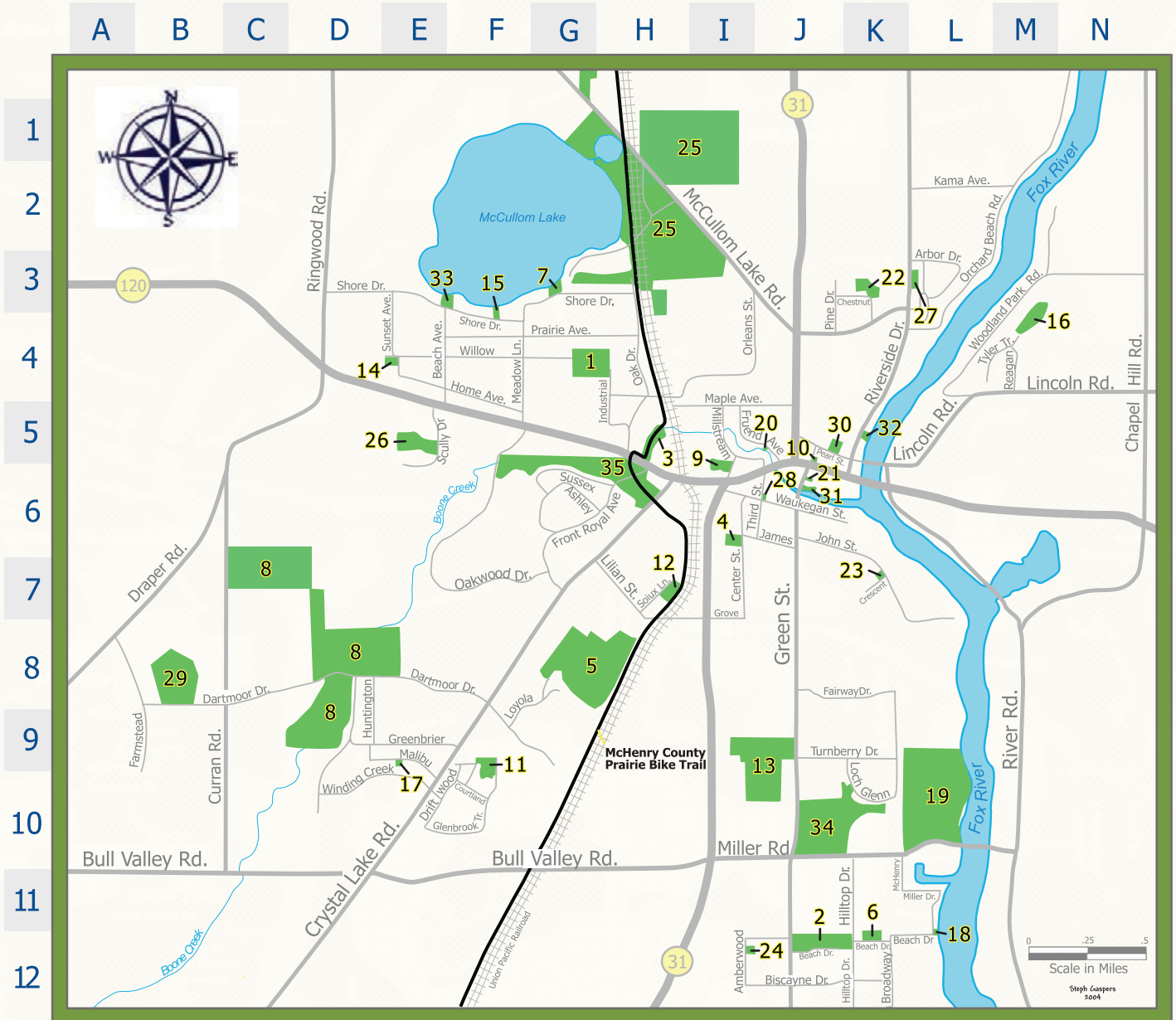


EXPLORE YOUR PARKS



| PARK | Baseball Field - Lighted | Baseball Field-Unlit | Basketball Court | Beach | Bike Path | Boat Launch/Landing | Concessions | Dog Park | Fishing | Gazebo/Stage | Ice Skating | Nature Area | Open Play Area | Outdoor Pool | Pedestrian Mall | Picnic Area | Picnic Shelter | Playground | Restrooms | Sand Volleyball | Skate Park | Soccer Field | Softball Field-Lighted | Softball Field-Unlit | Tennis Courts-Lighted | Tennis Courts-Unlit | Acres | | |
|---------------------------|--------------------------|----------------------|------------------|-------|-----------|---------------------|-------------|----------|---------|--------------|-------------|-------------|----------------|--------------|-----------------|-------------|----------------|------------|-----------|-----------------|------------|--------------|------------------------|----------------------|-----------------------|---------------------|-------|--------|--------|
| William H. Althoff Park | | | | | | | | | | | | + | + | | | | + | + | + | | | + | | | | | 19.60 | | |
| Boulder Creek Park | | | | | | | | | | | | + | | | | | | | | | | | | | | | | 13.17 | |
| Brookside Trail Park | | | | | + | | | | | | | + | | | | | | | | | | | | | | | | 3.50 | |
| Center Street Park | | + | + | | | | | | | | | | + | | | | | + | | | | | | | | | | 1.20 | |
| Cold Springs Park | | | | | + | | | | | | | + | | | | | | | | | | | | | | | | 49.26 | |
| Creekside Park | | | | | | | | | | | | | + | | | + | + | + | | | | | | | | | | 2.58 | |
| East Beach Park | | | | + | | | | | + | | + | | + | | | + | + | + | | | | | | | | | | 1.16 | |
| Fox Ridge Park | | + | + | | | | | | | | | + | + | | | + | + | + | | | | | + | | + | | | 137.43 | |
| Freund Field | | + | + | | | | | | | | + | | + | | | | | + | | | | | | | | | | 3.85 | |
| Galway Tot Lot | | | | | | | | | | | | | + | | | | | | | | | | | | | | | 1.20 | |
| Green Street Park | | | | | | | | | | | | | | | + | | | | | | | | | | | | | 0.11 | |
| Homestead Tot Lot | | | | | | | | | | | | | + | | | | | | + | | | | | | | | | 1.30 | |
| Jaycees Park | | + | | | | | | | | | | | + | | | + | + | + | | | | | + | | | | | 5.00 | |
| Kiwanis Tot Lot | | | + | | | | | | | | | | + | | | | | + | | | | | | | | | | 0.91 | |
| Knox Park | | | | | | | + | | | | | + | + | + | | + | + | + | + | + | + | + | + | + | + | + | | 34.90 | |
| Lakeland Park | | + | + | | | | | | | | | | + | | | | | + | + | | | | | | | | | 1.57 | |
| Lakeland Park Boat Launch | | | | | | + | | | + | | | | | | | | | | | | | | | | | | | 0.25 | |
| Liberty Trails Park | | | | | | | | | | | | | + | | | | | | + | | | | | | | | | 2.00 | |
| Malibu Playground | | | | | | | | | | | | | + | | | | | | + | | | | | | | | | 0.31 | |
| McBark Dog Park | | | | | | | | + | | | | | | | | | | | | | | | | | | | | 4.00 | |
| McHenry Shores Beach | | + | + | | | | | | + | | | | + | | | | | | | | | | | | | | | 0.36 | |
| Miller Riverfront Park | | | | | | + | | | + | | | + | | | | + | + | | | | | | | | | | | 53.87 | |
| Millstream Subd Beaches | | | | | | | | | + | | | | | | | | | | | | | | | | | | | 0.31 | |
| Neumann Park | | | | | | | | | | | | | | | + | | | | | | | | | | | | | 0.14 | |
| North Oak Park | | | | | | | | | | | | + | + | | | | | | + | | | | | | | | | 3.30 | |
| Overton Park | | | | | | | | | | | + | | + | | | | | | | | | | | | | | | 0.38 | |
| Pebble Creek Park | | | | | | | | | | | | | + | | | | | | + | | | | | | | | | 0.85 | |
| Petersen Park | + | + | + | + | + | + | + | | + | + | | + | + | | | + | + | + | + | + | + | | + | + | | + | | 209.57 | |
| Pheasant Valley Park | | | | | | | | | + | | | + | | | | | | | | | | | | | | | | | 10.01 |
| Riverside Hollow Park | | | | | | | | | | | | | + | | | | | | + | | | | | | | | | | 0.51 |
| Rotary Park | | | | | | | | | | | + | | | | + | | | | | | | | | | | | | | 0.20 |
| Shamrock Farms Park | | + | + | | + | | | | | | | + | + | | | | + | + | | | | + | | + | | | | 17.01 | |
| Veteran's Memorial Park | | | | | | | | | | | + | | + | | | + | + | + | + | | | | | | | | | | 2.40 |
| Walsh Park | | | | | | + | | | + | | | | | | + | + | | | | | | | | | | | | | 0.17 |
| Weber's Park | | | | | | | | | + | | | | + | | + | + | | | | | | | | | | | | | 0.44 |
| West Beach Park | | | | | | | | | + | | | | + | | | + | | | | | | | | | | | | | 1.41 |
| Wheeler Park | | | | | | | | | | | | + | | | | | | | | | | | | | | | | | 32.28 |
| Whispering Oaks Park | | + | | | + | | | | + | | | + | + | | | + | + | + | + | | | | | + | | | | 35.03 | |
| TOTAL ACREAGE | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 651.54 |

MAP OF PARKS



| | | | | |
|---------------------------------|--------------------------------|-------------------------------------------|------------------------------------|--------------------------------------|
| 1 Althoff Park G4 | 8 Fox Ridge Park D8 | 15 Lakeland Park Boat Launch F3 | 22 North Oak Park K3 | 29 Shamrock Farm Park B8 |
| 2 Boulder Creek Park J11 | 9 Freund Field I5 | 16 Liberty Trails Park M3 | 23 Overton Park K7 | 30 Veteran's Memorial Park K5 |
| 3 Brookside Trail H5 | 10 Green Street Park J5 | 17 Malibu Playground E9 | 24 Pebble Creek Park I12 | 31 Walsh Park J6 |
| 4 Center Street Park I6 | 11 Jaycees Park F9 | 18 McHenry Shores Beach L11 | 25 Petersen Park H2 | 32 Weber's Park K5 |
| 5 Cold Springs Park G8 | 12 Kiwanis Tot Lot H7 | 19 Millers Riverfront Park L10 | 26 Pheasant Valley Park E5 | 33 West Beach Park E3 |
| 6 Creekside Park K11 | 13 Knox Park J9 | 20 Millstream Subdivision Beach J5 | 27 Riverside Hollow Park L3 | 34 Wheeler Park J10 |
| 7 East Beach Park G3 | 14 Lakeland Park E4 | 21 Neumann Park J5 | 28 Rotary Park J6 | 35 Whispering Oaks Park H6 |

McHenry Park Quest

Many people don't know the McHenry Parks & Recreation Department has 38 parks and approximately 650 acres of land. To promote your parks and to get you out there to enjoy them, McHenry Parks & Recreation is kicking off Park Quest! This program is free to anyone wishing to participate and is perfect for families and individuals or even groups of friends.

How to Start

Pick up the Park Quest map and clues at McHenry Recreation Center, 3636 Municipal Drive, McHenry or download and print a PDF of the Park Quest map at www.ci.mchenry.il.us/programs.

Visit Your Parks

- Complete the park visits, answer the clues and redeem the map anytime between June 1 – August 31, 2018.
- The map contains 10 picture clue questions and 20 questions to be answered at the park named in the clue.
- For every 10 parks/facilities you visit and answer the clue correctly, you win a prize (one prize for each child in the family/group).
- Park visits do not need to be completed in order, visit any of the locations on the list in whatever order you wish.
- Redeem the map for prizes as you complete each level, or wait until you have completed all 4 levels and redeem at that time.
- Bring your Park Quest map to the McHenry Recreation Center, 3636 Municipal Drive, McHenry, to receive your prize(s). The Center is open Monday-Thursday, 5:00 am-10:00 pm, Friday, 5:00 am-8:00 pm and Saturday-Sunday, 7:00 am-6:00 pm.
- Park Questers are encouraged to submit digital photo files of their park visits or bring in photos of their park visits for the Park Quest display at the McHenry Recreation Center.

Prizes

- **Level 1** (10 park visits and correct answers): Park Quest compass for each child plus 1 grand prize raffle ticket
- **Level 2** (20 park visits and correct answers): Park Quest logo cup for each child plus 1 grand prize raffle ticket
- **Level 3** (30 park visits and correct answers): Park Quest logo Frisbee for each child plus 1 grand prize raffle ticket

Grand Prize Drawing

For every level completed, each family/group/individual with a completed map will receive one (1) raffle entry to win the Grand Prize. The \$100 Grand Prize gift will be drawn at the McHenry Recreation Center on September 1, 2018! Winner need not be present to win. For more information contact Cindy Witt, 815-363-2166, cwitt@ci.mchenry.il.us.

FIT in the Park

Enjoy the outdoors in one of McHenry's 38 parks! Each week will bring new challenges and fun drills to keep your body moving this summer. This large group class will be led by certified fitness instructors and can be modified to all fitness levels. Bring your family, friends and a yoga mat to the grass by the stage. **In the case of inclement weather, this class will be canceled.**

Ages 14 & up

Tuesdays, June 19 – July 17

6:00 pm – 6:45 pm

Veterans Memorial Park

Free!



Concert in the Park Activities

Kids are invited to make "airplanes," color, play with hula hoops, blow bubbles and create sidewalk chalk masterpieces. We will be set up in the shelter on the concert nights when McHenry City Band performs. Come by and visit us! (CW)

All Ages

Thursday, June – August

7:30 pm – 8:30 pm

Veterans Memorial Park Shelter

Free!



Chicago Cubs Games

Reserve your seats now to see the Chicago Cubs, not once but three times this summer! Get ready to root for Rizzo, Bryant and more at the Friendly Confines. Watch the Cubs take on the San Francisco Giants at Wrigley, or head with us to Milwaukee to watch a classic divisional rivalry as they take on the Brewers. The fee includes ticket and coach transportation. **Bus leaves at completion of game or 11:30 pm, whichever comes first. (NT)**

| Reg # | Location | Day | Date | Bus Leaves | Game Time |
|---------|---------------|-----|--------|------------|-----------|
| 893531A | Miller Park | SU | Apr 8 | 11:00 am | 1:10 pm |
| 893531B | Wrigley Field | SU | May 27 | 4:00 pm | 7:08 pm |
| 893531C | Miller Park | M | Sep 3 | 11:00 am | 1:10 pm |

Dep/Ret: McHenry Recreation Center
 Fee A: \$70/person – Lower Lodge Outfield Box
 Fee B: \$70/person – Section 236 Lower 1st Base Line
 Fee C: \$75/person – Lower Lodge Outfield Box

Chicago Pedway & Pizza Trip

Take a walk to see architecture of the Illinois Center & Pedway. Learn how an abandoned railway freight yard was transformed into an important urban development. You'll see some pretty and some gritty portions of the Pedway as we travel the one and a quarter mile underground passageway through what was designed as "the futuristic city within a city." Then re-energize with a late lunch at the famous Lou Malnati's Pizza. Dine on garden salad, deep dish pizza & penne pasta with meat or marinara sauce. Transportation from McHenry via van to Barrington Park District. Motor coach transportation from there to Chicago. **Registration deadline Fri, May 25. (CW) Reg #893532A**

All Ages

| | |
|---------------------------------|-------------------|
| Monday, June 18 | 7:45 am – 5:45 pm |
| Depart McHenry Municipal Center | \$79/R – \$84/NR |



Lake Geneva Tour & Lunch

Enjoy the scenic wonders of this enchanting historical glacier made spring fed lake - it's a magnificent, restful experience you will forever cherish. A fully narrated leisurely cruise past the estates, many built between 1870 and 1920, will serve to remind you of past elegance. All guests will enjoy a sit down plated meal during the tour. Restrooms are on the boat and it is climate controlled, so rain or shine we will go. After the boat tour, enjoy the unique shops of downtown Lake Geneva on your own. Transportation via McHenry recreation van. **Registration deadline Fri, June 15. (CW) Reg #893533A**

Ages 18 & up

| | |
|---------------------------------|-------------------|
| Friday, June 29 | 9:45 am – 4:30 pm |
| Depart McHenry Municipal Center | \$68/R – \$73/NR |



Lake County Libation Tour

Enjoy the array of spirits along the way and leave the driving to us on this fun tour of drinks made right in our own backyard! Our first stop will be at Chicagoland's premiere estate vineyard and winery, Valentino's in Long Grove. Take a tour, taste, and participate in a wine appreciation seminar. The next stop will be at Half Day Brewing in Lincolnshire for your choice on their lunch menu featuring 6 different items. Included in your lunch are homemade chips, brownie, choice of soda, tea or coffee and two samples of their in-house beer. Our final stop will take us to Copper Fiddle Distillery in Lake Zurich for a tour learning the secrets of the distillery! Following the tour, you may pick a cocktail of your choice made with the bourbon, rum and gin made at the distillery. Transportation via McHenry Recreation van. **Registration deadline Mon, July 2. (CW) Reg #893534A**

Ages 21 & up

| | |
|---------------------------------|-------------------|
| Friday, July 13 | 9:00 am – 4:00 pm |
| Depart McHenry Municipal Center | \$88/R – \$93/NR |

Madison Tour & Wine Tasting

Start your day with a tour showcasing the works of one of our country's greatest architects, Frank Lloyd Wright. Take a look at Mr. Wright's drafting studio, enjoy the performance theater, marvel at the assembly hall, and finish up with the exhibit room. Have a seat near the Wisconsin River as we dine on the Euro style cuisine of the Blue Spoon Café enjoying a buffet lunch of soup, salad and sandwiches. After lunch, we'll journey just across the Wisconsin River for a tour of the Wollersheim Winery. Following the tour of this National Historic Site, you will have the chance to taste why Wollersheim is a leader in the Midwest Wine Industry. We will finish our day in Madison, on the campus of The University of Wisconsin. Walk with us through the Allen Centennial Garden as we explore this educational area full of ornamental perennials and other interesting plants. Motor coach transportation.
Registration deadline Wed, Aug 8. (CW) Reg #893535A

Ages 21 & up

Wednesday, August 22 8:30 am – 8:30 pm

Depart McHenry Municipal Center \$80/R – \$85/NR

2nd Annual Day of Play/Fitness Fair

The McHenry Recreation center is your location for family recreation and fitness. Come out to enjoy a glimpse of our athletics, youth and fitness programs. Local health vendors will be on site as well. Want to be part of the fair? Contact Nicole at nthompson@ci.mchenry.il.us for more information. **Children under 18 must be accompanied by an adult. (NT)**
Reg #883551A

All Ages

Saturday, May 5 11:00 am - 3:00 pm

McHenry Recreation Center & Knox Park Free!

Mom's Night Out

NEW!

Did someone say DANCE PARTY?! Join Josie, Molly and Aneta for a night of Zumba and WERQ. Shake off all the stress and bust a move with friends. The 1 hour workout will be followed by healthy snacks. **Childcare will be available during the event for \$4. Unlimited childcare passes will not be accepted.**

Reg #883552A

Ages 18 & up

Friday, May 11 6:30 pm – 7:45 pm

McHenry Recreation Center \$10/R – \$13/NR

5-on-5 Men's Outdoor Basketball Tournament

The annual 5-on-5 men's outdoor basketball tournament will consist of a double elimination bracket. Tournament seeding will be determined randomly prior to the day of the event. The tournament will have officials and operate under IHSA guidelines. Prizes awarded to 1st-3rd place. Prizes will include shirts, new equipment, and gift cards to local vendor. Registration forms available at McHenry Recreation Center. **Registration deadline Aug 2. Rain Date August 11 – 12. (NT) Reg #883553A**

Ages 15 – 17 or 18 & up Check-in: 10:00 – 11:00 am

Sat & Sun, August 4 – 5 Games Start: 11:30 am

Freund Park Outdoor Basketball Courts \$100/team

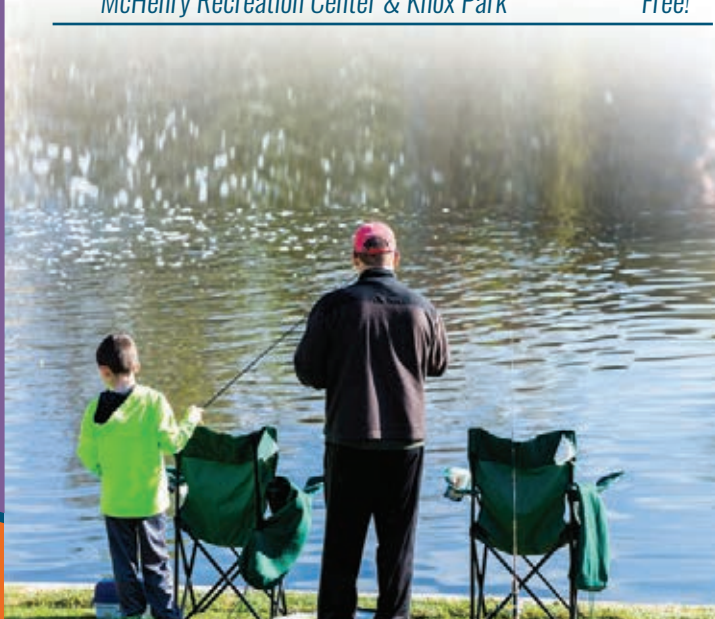
Annual Kids Fishing Derby

Experience the fun and excitement of fishing during this free event! Kids can bring their own fishing pole and tackle, worms will be provided! Prizes are awarded for smallest fish, largest fish, longest fish, etc. Registration is taken at the park on the day of the event. Event is co-sponsored by the McHenry Area Jaycees. Adults are not allowed to fish during the event but may assist children.

Ages 12 & under Check In: 7:00 am – 8:00 am

Saturday, June 16 Event: 8:00 am – 11:00 am

Whispering Oaks Park Free!



July 4th Co-Rec Beach Volleyball Tournament

The sand volleyball tournament will consist of a double elimination bracket, 4 vs. 4 play. Tournament seeding will be determined randomly prior to the day of the event. The tournament will have officials and operate under USA Beach Volleyball guidelines. Prizes awarded to 1st-3rd place. Prizes will include shirts, new equipment, and gift cards to local vendor. Registration forms available at McHenry Recreation Center. **Registration deadline June 25. Rain Date July 8. (NT) Reg #883555A**

| | |
|------------------------------------|----------------------------|
| Ages 15 – 17 or 18 & up | Check-in: 10:00 – 11:00 am |
| Saturday, July 7 | Games Start: 11:30 am |
| Petersen Park Outdoor Beach Courts | \$75/team |

2018 River Run

Come enjoy a nice run along the river with 400 of your closest friends! We have a course designed for the walker or runner in your life. Courses are certified and chip timed. Fee includes t-shirt, swag bag, and after-race festivities. Medals given to top overall finishers along with age group 1st-3rd place finishers. (NT) **Reg #883556A**

10K Course: The 10K course is sure to challenge you as you race along the Fox River using both road and trails. Course starts near the Windhill Pancake Parlor right over the Riverwalk. Run along River Road to the McHenry Dam and loop back using the Miller Park trail along the Fox River. Race ends at McHenry East High School parking lot.

5K Course: The 5K course is a road-only course. It starts along the Riverwalk before racing up Green Street towards Knox Park and coming back down the same way. Race ends at McHenry East High School Parking Lot.

| | |
|---------------------|-----------------------------------|
| All Ages | 5K at 8:15 am |
| Saturday, July 14 | 10K at 8:00 am |
| McHenry East Campus | \$15/youth 18 & under, \$25/adult |

We are looking for sponsors to help with the event. Get your company in the spotlight. Sponsors receive a booth at vendor fair and company name on all promotional materials. Contact Nicole Thompson at 815-363-2165 to discuss the different levels of sponsorship today!

Big Wheels Race

Let the races begin! Children ride their all-plastic big wheels to compete for 1st, 2nd and 3rd place trophies by age/gender category. All children receive a participation ribbon. When registering, please indicate if your child will need to borrow a big wheel from McHenry Parks & Recreation Department. **Age determined as of July 1. (CW) Reg #883557A**

| | |
|--------------------------------|-----------------------------|
| Ages 3 – 5 | Check In: 5:30 pm – 6:15 pm |
| Monday, July 16 | Races Start: 6:30 pm |
| Petersen Park East Parking Lot | \$5/child |



Kid's Open Track Meet

Come out for a night of fun track and field events that help bring youth together. No experience needed! We put on running events, softball throw, shot put, long jump, and discuss events. Get ready for the meet by taking our track & field training camp during the summer. (NT) **Reg #883558A**

| | |
|--------------------|--------------------------|
| Ages 6 – 14 | Check-in: 4:30 – 5:00 pm |
| Wednesday, July 18 | Event Starts: 5:15 pm |
| McCracken Field | \$10/person |



Merkel Aquatic Center

Saturday, May 26 – Monday, September 3

| Open Swim | Time | R Fee | NR Fee |
|---------------------|-----------------|--------|--------|
| Monday-Thursday | 12:30 - 5:00 pm | \$4.50 | \$6.00 |
| Friday | 12:30 - 7:00 pm | \$4.50 | \$6.00 |
| Saturday-Sunday | 12:00 - 6:00 pm | \$4.50 | \$6.00 |
| Evening Swim (W/TH) | 6:00 - 8:30 pm | \$3.00 | \$4.50 |

- Children age 3 and under admitted free with a paid adult.
- Open swim patrons must exit facility and pay re-entry fee for evening swim
- Note: Holiday and evening hours may differ depending on programs or mandatory lifeguard trainings. Please refer to monthly calendar posted on website, Facebook, or at the pool.
- **Pool will close at 3:00 pm on Wednesday 6/13, 6/27, and 7/11 for swim meets. Facility will be closed all day on Wednesday, July 25 for the NISWC championship swim meet.**

| Lap Swim | Time | R Fee | NR Fee |
|-----------------|---------------------|--------|--------|
| Monday-Sunday | 11:00 am - 12:00 pm | \$2.00 | \$2.00 |
| Monday-Thursday | 5:00 pm - 6:00 pm | \$2.00 | \$2.00 |

- Lap lanes are for ages 16 & up. Swimmers must be actively swimming laps using a circle swim technique. Two lanes will be open during listed times. Diving boards are closed during lap swim.

| Kiddie Swim | Time | R Fee | NR Fee |
|-----------------|---------------------|--------|--------|
| Monday-Thursday | 5:00 pm - 6:00 pm | \$2.00 | \$2.00 |
| Saturday-Sunday | 11:00 am - 12:00 pm | \$2.00 | \$2.00 |

- Note: Kiddie swim is for adults with children ages 3 and under. Kiddie pool is the only pool open during this time.

| Season Pool/Beach Pass Fees | R Fee | NR Fee |
|-------------------------------|----------|----------|
| Individual | \$60.00 | \$90.00 |
| Family of Two | \$80.00 | \$120.00 |
| Family of Three | \$100.00 | \$140.00 |
| Family of Four | \$110.00 | \$160.00 |
| Each Additional Family Member | \$15.00 | \$25.00 |
| Additional/Replacement Pass | \$5.00 | \$5.00 |

- Family members must provide proof of same address. A family consists of at least one to two adults ages 18 & up and children under the age of 18. Only adults listed on household may use passes.
- Teens ages 13 – 17 may be at the pool without parent/guardian. Parent/guardian must sign a waiver at the pool with teen on first day of use.
- Passes are non-transferable or refundable.
- All pass holders must have a picture on file.

BUY BEFORE MAY 1 AND SAVE 10%

Pool/Beach Passes

Season passes can only be purchased at the McHenry Recreation Center beginning April 16. Passes cannot be purchased at the Merkel Aquatic Center office. Refunds of daily admission fees will not be given after the purchase of season pass. Pass is to be used by original owner only. Anyone giving a pass to another person loses his/her pass use for the season. Staff may ask for identification of pool pass holders at any time.

Pool Rentals

Pool rentals are available on Friday, Saturday, and Sunday nights from June 1 – Aug 19. Reservations can be made beginning April 16 in person at McHenry Recreation Center. A \$50 non-refundable deposit paid upon reservation. Remainder of balance is due three weeks prior to the rental. Waitlists will be available for each day. If fee is not paid in full by due date, date will be given to next person on the waitlist and the deposit will be lost. For information concerning rentals, please contact Nicole Thompson at 815-363-2165. Rental guidelines, cost, and availability calendar will be available online.

Swim Tests

Lifeguards reserve the right to revoke access to pool areas and features based on swimming ability. Please refer to complete pool rules posted on website and facility wall. Lifeguards have final authority at facility and can eject patrons that fail to follow procedures or endanger fellow patrons/staff.

Swim Guidelines for Children Ages 0 – 17

- Children must be 3 months or older to be in the water
- Children ages 3 months – 6 must have a supervising adult (18 & up) in the pool and within arm's reach of them at all times. Adults must keep a 1 adult to 2 child ratio at this age.
- Children ages 7 – 12 must have an adult (18 & up) on the deck at all times.
- Children ages 13 – 17 must have their legal parent/guardian sign a waiver at the pool at the start of each swim season for them to attend the pool unaccompanied by an adult.
- Children must be able to swim 25 yards unassisted to utilize the deep end and diving boards. No lifejackets or flotation aides are allowed off diving boards or past 5 foot depth of the pool.

Petersen Park Beach

Monday, May 28 – Sunday, August 12

| Open Swim | Time | R Fee | NR Fee |
|-----------|--------------------|--------|--------|
| Daily | 11:00 am – 5:00 pm | \$2.00 | \$5.00 |

- Pool Pass Holders Receive Free Admissions
- Closed the evening of the City of McHenry Annual Fireworks
- Closed Thursday-Sunday, July 12-15 due to Fiesta Days

| Boat Rentals | Rate/Hour |
|-------------------------------------------|-----------|
| Canoe, Rowboat | \$6.00 |
| Corcl, Power Paddlers | \$6.00 |
| 2-Person Paddle Boat, 1-Person Kayak | \$6.00 |
| SUP, 4-Person Paddle Boat, 2-Person Kayak | \$8.00 |

Beach Boat Rentals

Boat rentals are available from 11 am-4:30 pm when the temperature is above 68°F. Children ages 12-16 must have a note from a parent to rent or approval from a legal guardian that is present. A \$10 deposit or driver's license is required for all rentals. Rentals might be closed based on wind and lake conditions. Lifeguards have final say on all regulations. Life jackets are required on all boats or inflatables in the water. Please refer to our website for full list of beach rules and regulations.

Sun Rays for Days: Sat, June 2

Come out to the opening of the beach for a day of fun, sand, and sun. Take a beach front exercise class, try out our new inflatable, or take a boat for a spin. \$1 entry. Free to Pass Holders

Free Boat Rental Day: Wed, June 20

Try a kayak, canoe, or paddle boat for 30 minutes between 1 pm – 4:30 pm for free! Make your reservation starting May 30 by calling 815-363-2126 during regular beach hours. All rules and regulations for boat rentals apply.

1/2 Price Boat Rentals: Starting June 7

Come out to the beach on Thursdays to get boat rentals at half price. Try out boats and find your favorite!

Back to School Beach Party: Sat, August 11

It's the last week of the beach, so let's soak up some sun! Come out for some beach volleyball, relays, boat races, music, and more.

Season Pass Holder Beach Perks

Free Boat Rentals, Bring a Friend for \$1, Free Ice-Pops! More details online!

1st Day of the Season Bash: Sat, May 26

Help us kick off the summer right! Come out to the pool for a day of swimming, music, games, and fun. We'll finish the night with a movie on site. **Daily admission fees apply.**

Summer Splash: Wed, June 13

Summer vacation is officially here. Come out to the pool for a day of fun in the sun. Races, belly flop competitions, prizes, and more are in store. **Daily admission fees apply. Event may be rescheduled due to inclement weather.**

Rootbeer Float Party: Wed, July 25

What is better under a hot July sun than a refreshing rootbeer float? Bring the family and friends to the pool for old fashion games and fun in the sun. We will have twister, hopscotch, bags, and more on the deck. Children ages 14 and under will receive a free float. **Daily admission fees apply.**

What's in Your Pool Bag?: Every Mon in July

Check the list of items and dig in your pool bag to find as many items on the list as you can. The three people who have the most items from the list at the end of the day will win a prize. Winners will be posted next day near the pool office and on social media.

Last Rays of Summer: Sept 1 – 3

Come out to enjoy the last weekend of summer as we close up shop on another season. Buy one entry get one free all weekend!

Pool Day Specials

Every Tuesday: Noodle Day – Bring your noodle floats to the pool. Noodles provided on site as well.

Every Wednesday: Family Flick 'N Float – Bring the family out for a night of swimming and a movie!

Sunday, June 17: Father's Day Special – Fathers are free with paying child(ren).

Sat & Sun, July 7-8: Happy Birthday USA – Anyone wearing red, white, and blue can come to the pool for only \$3/person.

Season Pass Holder Pool Perks

Member Only Night Swim, Bring a Friend for \$1, Free Popcorn! More details online!

McHenry Recreation Center

Building Hours of Operation

| | |
|-------------------|--------------------|
| Monday – Thursday | 5:00 am – 10:00 pm |
| Friday | 5:00 am – 8:00 pm |
| Saturday & Sunday | 7:00 am – 6:00 pm |
| Holiday Hours | 7:00 am – 1:00 pm |

Holidays: New Year's Eve, New Year's Day, Mother's Day, Memorial Day, Father's Day, Independence Day, Labor Day, Thanksgiving, Christmas Eve

| | |
|------------------------|-------------------|
| Day After Thanksgiving | 7:00 am – 8:00 pm |
| Easter/Christmas Day | Closed |

Membership & Pass Fees

| Membership Type | Monthly Rate | Enrollment Fee (R/NR) |
|------------------------------------|--------------|-----------------------|
| Individual (19-61) | \$35 | \$30/\$50 |
| Additional Family Member (12 yrs+) | \$21 | \$20/\$30 |
| Senior (62+) | \$27 | \$30/\$50 |
| Senior Couple | \$48 | \$30/\$50 |
| Teen (14-18) | \$27 | \$30/\$50 |
| Military (Active/Retired) | \$30 | Waived |
| 10-Punch Pass | \$65 | NA |
| 20-Punch Pass | \$120 | NA |
| Individual Daily | \$8 Daily | NA |

Membership dues, daily fees, guest passes and punch passes permit pass holder to use fitness center, locker rooms, and attend group exercise classes. Premium group exercise classes are an additional fee. All users must be at least 12 years of age.

Fitness Center Membership Benefits

- The McHenry Recreation Center features a 4,500 square foot fitness center
- Over 50+ group exercise classes included with membership
- Convenient monthly payment plans
- Available child care while you exercise
- Locker rooms and showers
- Cardio equipment with touch screen technology, internet capability and television screens
- Treadmills, incline trainers, ellipticals, ARC trainers, step mills, recumbent and upright bikes
- Rig functional training system, weight machines, free weights, Les Mills classes, TRX suspension training, Cycle

FULL DETAILS ONLINE

Membership Details

- All members must be at least 12 years of age.
- All memberships require a twelve month commitment. After that, memberships are month-to-month. An ongoing membership may be cancelled at any time after the 12 month requirement has been met.
- Membership fees are paid via automatic withdrawal from credit or debit cards through EFT draft.
- To qualify for an Additional Family Member or a Senior Couple pass, the prospective member must show proof of residing at the same address.
- Fitness 10 and 20 Punch Passes expire one year from date of purchase. Passes are non-transferable. Punches may be used for guest visits if the guest is accompanied by the punch pass holder.
- Senior couple pass is defined as two individuals residing at the same address - one of them is age 62 or over.
- Membership holds are available for up to 90 consecutive days, one time annually. A \$15 processing fee applies to each household.

Guest Passes

Single individual, teen and senior annual passes will be issued **5 guest passes each year**. For passes with additional family members, the primary member in the household will receive the 5 guest passes; which can be used by any member in the household.

Referral

Annual members receive a free month when you refer a friend. Referred member must be a new member (have not had a membership for at least 12 months) and live in a different household with a separate address.

Personal Training

Our nationally certified personal trainers are available to help get you started with exercising for the first time, to create a new routine, or help you see better results in your current workout. Let our staff help you get in the best shape of your life. Choose a personal training package that fits your budget and training goals! All sessions are 50 minutes in length.

| Personal Training Fees | | |
|------------------------|-------------------------|----------------------------------|
| Must be 12+ | Member/Non-Member Rates | |
| # of Sessions | Individual Training | Partner Training (2 people only) |
| 1 session | \$45/\$55 | \$35/\$45 / person |
| 5 sessions | \$205/\$250 | \$160/\$200 / person |
| 10 sessions | \$405/\$495 | \$300/\$375 / person |

Group Exercise Classes

The McHenry Fitness Center offers over 50 group exercise classes a week that are included in your membership. With around 15 formats to choose from, it is easy to find a style that works with your fitness level and interests. **Group exercise classes are also available to non-members through daily fees, punch passes, or being a guest of a member.** Led by experienced, nationally certified instructors, we strive to provide workouts based on the latest trends and research. **The current schedule of classes can be found at www.ci.mchenry.il.us/park_recreation.**

Chair Yoga
Core 360
Cycle
Forever Young
Les Mills BodyPump
Les Mills BodyStep

Mobility Plus
Muscle Maintenance
Pilates
Piloxing
PiYo
Tabata Flex

Turbo Kick
TRX
WERQ
Yoga
Zumba
31 & Done

Fitness Center Orientations & Personal Training Consultations

Each fitness membership includes a 30 minute orientation on all equipment. A fitness orientation is required for members who are 12-15 years of age prior to using the facility. Orientations are designed to provide basic instruction on how to use the fitness equipment and familiarize members with the fitness center rules and regulations.

Additionally, each fitness membership includes a 30 minute personal training consultation. Consultations include a meeting with a personal trainer to review your current fitness goals and establish a potential plan to help you achieve those goals.

Children's Center

Onsite babysitting service is available while you use the facility. For children ages 6 months - 8 years. 2 hours max.

| | |
|------------------------|----------------------------------------------------------|
| Unlimited Monthly Pass | \$20/child for first child \$10 each additional child |
| Daily Fee | \$5/child |
| 10 Punch Pass | \$40 |

Children's Center Hours of Operation

| | |
|-------------------|--------------------|
| Monday – Sunday | 8:00 am – 12:30 pm |
| Monday – Thursday | 4:00 pm – 7:00 pm |

Closed on the following holidays: New Year's Eve, New Year's Day, Easter, Mother's Day, Memorial Day, Father's Day, Independence Day, Labor Day, Halloween, Thanksgiving, Christmas Eve, Christmas Day



Rise and Grind as well as additional Level II Boot Camp classes are coming soon!

Toddler Time

Children can play with lots of toys, scramble through play huts and tunnels, and have fun with other toddlers! After playtime, children will sing songs, play parachute games and more! Repetition from week to week allows for familiarity and confidence-building for kids. **Adult participates in program. No class on Jul 2. (CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|-----------------|--------------------|
| 811011A | 1 - 2 | M | Jun 11 - Jul 23 | 9:30 am - 10:15 am |

Location: McHenry Recreation Center
 Fee: \$36/R - \$46/NR
 Instructor: Haley Jones
 Min/Max: 6/12
 Length: 6 wks

Messy Mondays

This class is designed for kids to create art by making a mess! Explore a large range of art materials including shaving cream, paints, glue and goo! Each child will make three projects each class. Make sure to wear clothing that may get dirty and stained. **Adult participates in program. No class on Jul 2. (CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|-----------------|---------------------|
| 811012A | 3 - 5 | M | Jun 11 - Jul 23 | 10:45 am - 11:30 am |

Location: McHenry Recreation Center
 Fee: \$36/R - \$46/NR
 Instructor: Haley Jones
 Min/Max: 6/12
 Length: 6 wks

Move It Move It!

NEW!

Let us help burn off some energy and keep your kid active this summer! Kids will jump, throw, stretch and work on balance & coordination through a variety of games. We'll use bean bags, hula hoops, tunnels and tape (yes, tape) to play fun games of Alligator Alley, Mountain Climbing, Tight Rope, Race Track and so much more! **Adult participates in program. No class on Jul 3. (CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|-----------------|--------------------|
| 811013A | 2 - 3 | TU | Jun 12 - Jul 24 | 9:30 am - 10:15 am |
| 811013B | 2 - 3 | TU | Jun 12 - Jul 24 | 5:30 pm - 6:15 pm |

Location: McHenry Recreation Center
 Fee: \$36/R - \$46/NR
 Instructor: Karen Bauer
 Min/Max: 6/12
 Length: 6 wks



Critter Club

Each week kids will focus on a different group of animals: farm animals, exotic animals, dogs & cats, frogs & fish and more. There will be activities and projects based on the animals of the week! Kids can bring their favorite stuffed animal to "participate" in class also! **Program is without adult. No class on Jul 3. (CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|-----------------|---------------------|
| 811014A | 4 - 5 | TU | Jun 12 - Jul 24 | 10:45 am - 11:30 am |

Location: McHenry Recreation Center
 Fee: \$36/R - \$46/NR
 Instructor: Karen Bauer
 Min/Max: 6/10
 Length: 6 wks

Critter Club Workshop

NEW!

Kids will explore animals of all types, but there will be a special activity and arts & crafts project based on kids' favorite critters - dogs & cats! Kids can bring their favorite stuffed animal to "participate" in class also! **Program is without adult. (CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|--------|--------------------|
| 811015A | 4 - 6 | SA | Jun 23 | 9:30 am - 10:30 am |

Location: McHenry Recreation Center
 Fee: \$8/R - \$10/NR
 Instructor: Karen Bauer
 Min/Max: 6/10
 Length: 1 day

Cooking is Cool

Cooking can be a delicious learning experience for children. Our classroom-friendly recipes are all heat-free, meaning they can be made without an oven, stove, microwave or hot plate. With adult guidance, budding chefs can follow easy instructions to transform fresh, simple ingredients into tasty snacks, beverages and treats. Peanut products will be used. **Adult participates in program. No class on Jul 4. (CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|-----------------|--------------------|
| 811016A | 3 - 5 | W | Jun 13 - Jul 25 | 9:30 am - 10:15 am |

Location: McHenry Recreation Center
 Fee: \$42/R - \$52/NR
 Instructor: Karen Bauer
 Min/Max: 6/10
 Length: 6 wks

Cooking is Cool Workshop **NEW!**

Adult and child will be taught how to make heat-free recipes that are healthy and delicious! With adult guidance, little chefs can follow easy instructions to transform fresh, simple ingredients into a tasty snack, beverage and treat to eat in class or to take home! **Adult participates in program. (CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|-------|--------------------|
| 811017A | 3 - 5 | SA | Jul 7 | 9:30 am - 10:30 am |

Location: McHenry Recreation Center
 Fee: \$10/R - \$13/NR
 Instructor: Karen Bauer
 Min/Max: 6/10
 Length: 1 day

Parachute Play **NEW!**

Parachutes are calming and beautiful, and they're so much fun! Parachute games encourage cooperative, non-competitive play and reinforce turn-taking and sharing. Kids will use the parachute to make "popcorn," "fruit salad" and a "thunderstorm." They'll also play cooperative games like see-saw and merry-go-round. New activities will be added each week. **Program is without adult. No class on Jul 4. (CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|-----------------|---------------------|
| 811018A | 4 - 5 | W | Jun 13 - Jul 25 | 10:45 am - 11:30 am |

Location: McHenry Recreation Center
 Fee: \$36/R - \$46/NR
 Instructor: Karen Bauer
 Min/Max: 6/10
 Length: 6 wks

Tot Rock

Maracas and clackers and tambourines too - it's musical fun just for you! Tot Rock is a unique music and learning program designed specifically for 1 year olds. Each session focuses on a new educational theme that incorporates hand held instruments, play props, sensory integration, coordination exercises, and socialization. Structured and unstructured time is included in each class. Sing, dance and play today! www.rockitkids.com. **Adult participates in program. No class on July 5. (CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-----|----------------|--------------------|
| 811019A | 1 only | TH | Jun 14 - Aug 9 | 9:45 am - 10:25 am |

Location: McHenry Recreation Center
 Fee: \$56/R - \$66/NR
 Instructor: Rock 'n' Kids Staff
 Min/Max: 4/12
 Length: 8 wks

Kid Rock

Make it a musical day! Kid Rock is a music and movement program designed to stimulate development through interactive play. Fine and gross motor skills are improved through imagination exercises, and by using rhythm instruments and movement props such as tambourines, maracas, scarves and a parachute. Presented in a structured format, Kid Rock encourages cooperation and following directions. Each session focuses on a new educational theme. Sing, dance and play today! www.rockitkids.com. **Adult participates in program. No class on Jul 5. (CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|----------------|---------------------|
| 811020A | 2 - 3 | TH | Jun 14 - Aug 9 | 10:30 am - 11:10 am |

Location: McHenry Recreation Center
 Fee: \$56/R - \$66/NR
 Instructor: Rock 'n' Kids Staff
 Min/Max: 4/12
 Length: 8 wks

Baby Mine **NEW!**

Come enjoy some time with your baby surrounded by other moms and their little ones in a fun setting for all! Moms will discuss a topic of motherhood weekly and have some good adult conversation - which can be hard to come by once kids enter our lives! There will be large mats and foam shapes for baby to explore, songs and nursery rhymes, sensory play, unique toys and an age appropriate craft/sensory activity each week! **Adult participates in program. (CW)**

| Reg # | Ages | Day | Date | Time |
|---------|------------|-----|----------------|--------------------|
| 811021A | 0 - 12 mo. | F | Jul 6 - Jul 27 | 9:30 am - 10:15 am |

Location: McHenry Recreation Center
 Fee: \$24/R - \$30/NR
 Instructor: Brittany McCafferty
 Min/Max: 6/10
 Length: 4 wks



Grandma & Me

Spend special time with your grandchild! Together you will create summer arts & crafts projects – one to go home with grandma. Enjoy a simple snack and juice. Register children only. **Grandmas will be asked to check-in on the day of the program. (CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|---------|---------------------|
| 811022A | 2 – 5 | F | June 15 | 10:30 am – 11:30 am |

Location: McHenry Recreation Center
 Fee: \$8/R – \$10/NR
 Instructor: Recreation Staff
 Min/Max 6/12
 Length: 1 day

Grandpa & Me

We have special day planned for grandpas and their grandchild. Spend quality time together working on three summer projects and activities – one to go home with grandpa. Finish the morning with a simple snack and drink. Register children only. **Grandpas will be asked to check-in on the day of the program. (CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|---------|---------------------|
| 811023A | 2 – 5 | F | June 29 | 10:30 am – 11:30 am |

Location: McHenry Recreation Center
 Fee: \$8/R – \$10/NR
 Instructor: Recreation Staff
 Min/Max 6/12
 Length: 1 day

Dolly & Me

Kids and their American Girl dolls or other similar-sized dolls will play games, listen to stories and share special snacks together! **June:** Make your doll comfortable for when friends come to visit with a handmade bean bag chair. **August:** Let's hit the kitchen with our dolls and make smoothies and sweet treats! (CW)

| Reg # | Ages | Day | Date | 10:45 am – 11:30 am |
|---------|--------|-----|--------|---------------------|
| 822120A | 5 – 10 | F | Jun 22 | Bean Bag Chairs |
| 822120B | 5 – 10 | F | Aug 3 | Food & Drinks |

Location: McHenry Recreation Center
 Fee: \$10/R – \$13/NR
 Instructor: Brittany McCafferty
 Min/Max: 6/15
 Length: 1 day



“Drive-In” Movie & Pizza Party **NEW!**

You can do amazing things with cardboard and tape – like make a car! Kids, with help from adults, will use their imaginations to create their cars to use at our “Drive-In.” Once their cars are built, everyone will dine on pizza & drinks. Then kids will watch a very short movie sitting in their “cars.” **Cardboard boxes generously donated by McHenry U-Haul. Please pre-register. Program is with adult. (CW)**

| Reg # | Ages | Day | Date | Time |
|---------|-------|-----|---------|-------------------|
| 822121A | 5 – 8 | TU | June 26 | 5:30 pm – 6:45 pm |

Location: McHenry Recreation Center
 Fee Child: \$8/R – \$10/NR
 Fee Adult: \$1/person
 Instructor: Recreation Staff
 Min/Max: 10/25
 Length: 1 day

Ice Cream Party

Summer is the best time for ice cream! Kids will create two ice cream arts & crafts projects and compete in the ice cream obstacle course. Then we will make homemade ice cream and eat it! We'll provide a number of fun toppings. Everyone leaves with an ice cream party favor. **Please pre-register. Program is without adult. (CW)**

| Reg # | Ages | Day | Date | Time |
|---------|-------|-----|---------|-------------------|
| 822122A | 5 – 8 | W | July 11 | 5:30 pm – 6:30 pm |

Location: McHenry Recreation Center
 Fee: \$8/R – \$10/NR
 Instructor: Recreation Staff
 Min/Max: 10/25
 Length: 1 day

STEM Party **NEW!**

We'll do amazing things with straws, tape, pipe cleaners, pennies, foil, popsicle sticks, paper tubes, marbles, toothpicks, cups, beads and so much more! Without even knowing it, kids will develop stronger science, technology, engineering and math skills! **Please pre-register. Program is without adult. (CW)**

| Reg # | Ages | Day | Date | Time |
|---------|-------|-----|---------|-------------------|
| 822123A | 5 – 8 | TU | July 24 | 5:30 pm – 6:30 pm |

Location: McHenry Recreation Center
 Fee: \$8/R – \$10/NR
 Instructor: Recreation Staff
 Min/Max: 10/25
 Length: 1 day



Unicorns & Rainbows

NEW!

Do you have a little one that loves unicorns and rainbows? Then this class is perfect for him or her! Join us and the pastry chefs from Just 4 You Treats to explore the magical world of unicorns through literacy stories, crafts, and best of all baking. During the class, children will use their imaginations to explore the magic and whimsy of unicorns using all their senses. The class is designed for all unicorn lovers. **Younger children may be accompanied by an adult at no extra cost. (CW)**

| Reg # | Ages | Day | Date | Time |
|---------|--------|-----|--------|---------------------|
| 822124A | 4 - 10 | TU | Aug 14 | 10:00 am - 11:30 am |

Location: McHenry Recreation Center
 Fee: \$20/R - \$25/NR
 Instructor: Just 4 You Treats

Min/Max: 6/10
 Length: 1 day

Mad Scientists Baking

NEW!

Do you have a child who likes to mix up their own concoctions, make a mess, try new foods and explore the kitchen? This class is a convenient way to offer kids hands-on and fun science experiments, while learning baking techniques without the mess in your own kitchen. Mad Scientist Baking offers professional lesson plans, unique kitchen experiences and professional instructors from Just 4 You Treats Bakery. **(CW)**

| Reg # | Ages | Day | Date | Time |
|---------|--------|-----|---------|--------------------|
| 822125A | 7 - 12 | TU | July 17 | 9:00 am - 11:00 am |

Location: McHenry Recreation Center
 Fee: \$40/R - \$50/NR
 Instructor: Just 4 You Treats

Min/Max: 6/10
 Length: 1 day

Junior Rangers

Get out there and visit your local parks! Kids will go on nature hikes, look for animal tracks, identify trees, leaves & birds, investigate animal habitats, learn about life in our waterways and look to the sky! **Please wear sunscreen. (CW)**

Bird Nests & Food: Veterans Memorial Park

Join us at the park for a session on birds of our area. We will look for local birds and find trees & flowers that help these birds for their nests and nectar for their food. Kids will build bird feeders to hang at home.

Fish & Amphibians: Petersen Park Beach

Investigate the lake environment for fish and plant life. We will also talk about how the sun can help and harm us and our environment. Come dressed to wade in the water and get wet looking for life.

Animal Life Cycles: Knox Park Shelter B

Every animal has a life cycle, including you! Kids will be taught how a frog grows from a tadpole and how a butterfly grows from a caterpillar. Let's learn how they grow-up!

Let's Go Green: Fox Ridge Park Shelter

It's very important to take care of Earth. We will talk about reducing waste, recycling materials and reusing supplies. We'll build milk carton gardens and then go on a scavenger hunt to find items to repurpose and help keep our parks clean and safe.

Earth, Moon & Stars: Whispering Oaks Park

Do you dream of being an astronaut? How about a meteorologist? Our atmosphere is full of amazing constellations, cloud formations and a solar system that spans billions of miles. Join us as we search for cloud formations, create an edible solar system, and reach for the stars. It's sure to be out of this world!

| Reg # | Ages | Day | Dates | 11:00 am - 12:00 pm |
|---------|-------|-----|--------|---------------------|
| 822126A | 4 - 8 | F | Jun 8 | Bird Nests & Foods |
| 822126B | 4 - 8 | F | Jun 22 | Fish & Amphibians |
| 822126C | 4 - 8 | F | Jul 6 | Animal Life Cycles |
| 822126D | 4 - 8 | F | Jul 20 | Let's Go Green |
| 822126E | 4 - 8 | F | Aug 3 | Earth, Moon & Stars |

Location: Various - see above
 Fee: \$8/R - \$10/NR
 Instructor: Bridget Hoffman & Karen Bauer

Min/Max: 8/20
 Length: 1 day



Camp McHenry

Summer day camp provides a fun, adventurous outdoor experience for kids! Experienced and trained camp counselors provide a safe and friendly atmosphere where children can make new friends and enjoy a variety of activities. Campers participate in Arts & Crafts, Nature, Adventure, Games, Team Building, Sports, Swimming and Field Trips! Three & five day options are available. Weekly Before & After Camp hours are also available, allowing for flexibility within your schedule. Camp is held at Knox Park Shelter A with field trips every Thursday departing from McHenry Recreation Center. Complete parent packet available online at www.ci.mchenry.il.us. **Parent meeting scheduled for Wed, May 30. No camp on Jul 4. (CW)**

| Reg # | Ages 6 – 12 | Themes | Field Trips |
|--------|-----------------|----------------------|------------------|
| 822001 | Jun 4 – Jun 8 | Olympic Games | Main Event |
| 822002 | Jun 11 – Jun 15 | Dance Party USA | Dave & Buster's |
| 822003 | Jun 18 – Jun 22 | Super Heroes | Action Territory |
| 822004 | Jun 25 – Jun 29 | Camp's Got Talent | Enchanted Castle |
| 822005 | Jul 2 – Jul 6 | Independence Day | No Trip |
| 822006 | Jul 9 – Jul 13 | Christmas In July | Santa's Village |
| 822007 | Jul 16 – Jul 20 | Disney Discoveries | Funway |
| 822008 | Jul 23 – Jul 27 | Crazy Days of Summer | Main Event |
| 822009 | Jul 30 – Aug 3 | Jungle Journeys | Safari Land |
| 822010 | Aug 6 – Aug 10 | STEM Challenge | Milwaukee Zoo |
| 822011 | Aug 13 – Aug 17 | Hawaiian Luau | Timber Ridge |



Camp McHenry Junior Leaders: This is a great option for kids ages 13-14 to have the day camp experience and be a leader at the same time. Junior Leaders will be expected to assist staff in planning and implementing some activities. Max 6/wk

Registration & Fees: Reserve your child's spot in camp with a \$25 non-refundable deposit. Final payment for each camp will then be due at least one week before the next session starts. Full payment required by April 30 to receive the early bird rates.

| CAMP FEES | | Fee Starting May 1 | | Early Bird Fee | |
|-----------|-------------------------|--------------------|-----------|----------------|-----------|
| Session | 5 Days | R | NR | R | NR |
| A | 9:00 am - 4:00 pm | \$140 | \$150 | \$126 | \$135 |
| D | 7:00 am - 9:00 am | \$30 | \$35 | \$27 | \$31.50 |
| G | 4:00 pm - 6:00 pm | \$30 | \$35 | \$27 | \$31.50 |
| | 3 Days/July 4 Wk | R | NR | R | NR |
| B | 9:00 am - 4:00 pm | \$100 | \$110 | \$90 | \$99 |
| E | 7:00 am - 9:00 am | \$22 | \$27 | \$19.80 | \$24.30 |
| H | 4:00 pm - 6:00 pm | \$22 | \$27 | \$19.80 | \$24.30 |
| | Junior Leader | R | NR | R | NR |
| C | 9:00 am - 4:00 pm | \$100 | \$110 | \$90 | \$99 |
| F | 7:00 am - 9:00 am | \$22 | \$27 | \$19.80 | \$24.30 |
| I | 4:00 pm - 6:00 pm | \$22 | \$27 | \$19.80 | \$24.30 |

Safety Town Camp

Safety Town is a fun, hands-on educational program teaching children safety for water, bicycle, pedestrian, fire and stranger danger. The camp includes instruction, fun activities and practice at our mini "town" complete with roadways and "buildings." A mid-morning peanut-free snack & drink are provided each day. **Children should wear sunscreen and bring a bicycle helmet to camp each day. (CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-------|-----------------|--------------------|
| 822110A | 4 – 6 | M – F | Jun 18 – Jun 22 | 9:30 am – 11:30 am |
| 822110B | 4 – 6 | M – F | Jul 16 – Jul 20 | 9:30 am – 11:30 am |
| 822110C | 4 – 6 | M – F | Jul 30 – Aug 3 | 9:30 am – 11:30 am |

Location: Knox Park Shelter A/Safety Town
 Fee: \$64/R – \$74/NR
 Instructor: Recreation Staff
 Min/Max: 6/10
 Length: 1 wk



Mini Explorers Camp

Begin your child's journey of summer camp! Activities and arts & crafts will be based on the theme of the day. Sign up for more than one! A mid-morning peanut-free snack and drink are provided. Each child receives one camp t-shirt for the summer. **Children must be toilet-trained. (CW)**

| Reg # | Ages | Day | Dates | 9:30 am – 11:30 am |
|---------|-------|-----|--------|--------------------|
| 822100A | 4 – 6 | M | Jun 11 | Passport to Fun |
| 822100B | 4 – 6 | W | Jun 13 | Lil' Green Thumbs |
| 822100C | 4 – 6 | F | Jun 15 | Planes & Trains |
| 822100D | 4 – 6 | TU | Jun 19 | Disney Discoveries |
| 822100E | 4 – 6 | TH | Jun 21 | Ice Cream Science |
| 822100F | 4 – 6 | M | Jun 25 | Messy Monday |
| 822100G | 4 – 6 | W | Jun 27 | Dinosaur Dig |
| 822100H | 4 – 6 | F | Jun 29 | Stars & Stripes |
| 822100I | 4 – 6 | M | Jul 9 | Wild Wild West |
| 822100J | 4 – 6 | W | Jul 11 | Clay Creations |
| 822100K | 4 – 6 | F | Jul 13 | Mad Scientists |
| 822100L | 4 – 6 | T | Jul 17 | Going Green |
| 822100M | 4 – 6 | TH | Jul 19 | Monkey Madness |
| 822100I | 4 – 6 | M | Jul 23 | Buggin' Out |
| 822100J | 4 – 6 | W | Jul 25 | Music Makers |
| 822100K | 4 – 6 | F | Jul 27 | Space is the Place |
| 822100L | 4 – 6 | T | Jul 31 | Color Me Crazy |
| 822100M | 4 – 6 | TH | Aug 2 | Zany Zoo Animals |

Location: Knox Park Shelter B
 Fee: \$15/R – \$19/NR each
 Instructor: Recreation Camp Staff
 Min/Max: 6/24
 Length: 1 day

Crochet Camp

NEW!

Kids will cover the basic stitches and technique of crochet to make a cool wrist cuff and a water bottle holder! All materials are included – worsted weight yarn and a G-sized hook. Kids will go home with extra yarn and their own hook to make more! **(CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-------|-----------------|--------------------|
| 822111A | 9 – 11 | M – W | Jun 11 – Jun 13 | 9:00 am – 10:30 am |
| 822111B | 9 – 11 | M – W | Jul 30 – Aug 1 | 9:00 am – 10:30 am |

Location: McHenry Recreation Center
 Fee: \$60/R – \$70/NR
 Instructor: Jessica LoBue @ Unraveled
 Min/Max: 4/8
 Length: 1 wk

Drama Camp

NEW!

Each camp has a different and very interactive theme! Short presentations and light refreshments for family each Friday. **(CW)**

Let's Pretend: Have you ever flown on a rocket or sailed on a pirate ship looking for gold? In this high energy, interactive class, we will exercise our imaginations all week with theatre games. We will create characters and short skits to share.

Lights, Camera, Action! Participants will learn to create, perform and film their own Public Service Announcements. Our emphasis will be on imagination driven problem solving. Whether children are interested in being in front or behind the camera, this fast paced week will be fun and engaging!

Puppet Palooza: From Kings & Queens to Frogs & Monsters and everything in between, there are many puppets from which to choose. Children will be taught the art of puppetry. We will create puppet shows to share with each other and our families.

Where the Sidewalk Ends: A poetry performance class inspired by the colorful works of Shel Silverstein and Dr. Seuss. After some acting warm-up games, participants will get to choose and/or write their own poems, memorize and perform them on Friday.

A Commercial Success: Can you sell ice to an Eskimo? What about takis to a teenager? In this hilarious week we will create, act in and film your original commercials. Who knows? Your commercial might be in the next Superbowl! Share your commercial with family at our Friday viewing and reception.

Face Painting: An all level class on face painting and make-up design. Each day will have a different theme: animals, beauty, fantasy, old age or horror. So if you are just starting out or want professional tips to improve your designs, this is the class to take. Each participant is required to purchase a personal make-up kit for hygienic purposes.

| Reg # | Ages | Day | Dates | 9:30 am - 11:30 am |
|---------|--------|-------|-------------|-------------------------|
| 822112A | 4 – 10 | M – F | Jun 4 – 8 | Let's Pretend |
| 822112B | 6 – 14 | M – F | Jun 11 – 15 | Lights, Camera, Action! |
| 822112C | 4 – 10 | M – F | Jun 25 – 29 | Puppet Palooza |
| 822112D | 6 – 14 | M – F | Jul 9 – 13 | Where the Sidewalk Ends |
| 822112E | 6 – 14 | M – F | Jul 23 – 27 | A Commercial Success |
| 822112F | 8 – 17 | M – F | Aug 6 – 10 | Face Painting* |

Location: Petersen Park Shelter B
 Fee: \$65/R – \$75/NR
 Fee F: *Add'l \$15 for personal makeup supplies
 Instructor: Christine Purich
 Min/Max: 6/10
 Length: 1 week

Babysitter Training Camp

Build your babysitting business! This 3-day American Red Cross Babysitter's Training Course is designed to provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. The classes will help participants develop leadership skills; learn how to develop a babysitting business; keep themselves and others safe and help children behave; and learn about basic child care, basic first aid and how to react in an emergency situation. Students receive a manual. (CW)

| Reg # | Ages | Day | Dates | Time |
|---------|---------|--------|-----------------|-------------------|
| 822113A | 11 - 15 | T - TH | Jun 19 - Jun 21 | 6:00 pm - 8:15 pm |

Location: McHenry Recreation Center
 Fee: \$54/R - \$64/NR
 Instructor: Kelly Kronwall
 Min/Max: 6/10
 Length: 3 days

Baking Camp: Sweet Adventures

In this fun, four-day camp, young chefs will explore the world of baking and create a delicious array of sweet treats. Our instructor will introduce kids to the fundamentals of following recipes, measuring, French Patisserie, pies & tarts and decorating techniques. This class will be divided into age appropriate groups (ages 6-9) and (10 & up) and bakers will be taught in a fun and engaging atmosphere. Your kids will become confident in the kitchen, make new friends and of course, learn important baking skills. (CW)

| Reg # | Ages | Day | Dates | Time |
|---------|---------|--------|-----------------|---------------------|
| 822114A | 6 - 9 | M - TH | Jun 18 - Jun 21 | 10:00 am - 12:00 pm |
| 822114B | 10 - 16 | M - TH | Jun 18 - Jun 21 | 10:00 am - 12:00 pm |

Location: McHenry Recreation Center
 Fee: \$120/R - \$130/NR
 Instructor: Just 4 You Treats
 Min/Max: 6/10
 Length: 4 days

Ukulele Camp

Ukulele opens up a whole world of music to players of all ages and abilities! It's cool, inexpensive, easy, portable and fun! Players will be taught how to hold & pick, name the different parts, tune and care for their ukulele. During the week, practice reading music, finger movements, chords and simple melodies to accompany singing. Please bring your own instrument. A performance for families will conclude the week. Fee includes lesson book. (CW)

| Reg # | Ages | Day | Dates | 9:45 am - 10:45 am |
|---------|--------|-------|-----------------|--------------------|
| 822115A | 8 & up | M - F | Jul 9 - Jul 13 | Beginning Ukulele |
| 822115B | 8 & up | M - F | Jul 16 - Jul 20 | Continuing Ukulele |

Location: McHenry Recreation Center
 Fee A: \$145/R - \$155/NR
 Fee B: \$130/R - \$140/NR
 Instructor: Derek Galvicius
 Min/Max: 6/10
 Length: 5 days

Young Artists Summer Camp

Draw, paint and create in this camp for artsy kids! Inspiration for our projects varies weekly and includes art masters, distant cultures, scientific exploration, literature and the wonderful world around us! Children will gain skills with fine art materials and techniques of the artist. New projects are presented each session and all materials are supplied. (CW)

| Reg # | Grades | Day | Dates | Time |
|---------|--------|--------|-----------------|---------------------|
| 822116A | 1 - 3 | M - TH | Jun 4 - Jun 7 | 10:00 am - 11:30 am |
| 822116B | 4 - 8 | M - TH | Jun 4 - Jun 7 | 1:00 pm - 2:30 pm |
| 822116C | 1 - 3 | M - TH | Jun 18 - Jun 21 | 10:00 am - 11:30 am |
| 822116D | 4 - 8 | M - TH | Jun 18 - Jun 21 | 1:00 pm - 2:30 pm |
| 822116E | 1 - 3 | M - TH | Jun 25 - Jun 28 | 10:00 am - 11:30 am |
| 822116F | 4 - 8 | M - TH | Jun 25 - Jun 28 | 1:00 pm - 2:30 pm |
| 822116G | 1 - 3 | M - TH | Jul 9 - Jul 12 | 10:00 am - 11:30 am |
| 822116H | 4 - 8 | M - TH | Jul 9 - Jul 12 | 1:00 pm - 2:30 pm |
| 822116I | 1 - 3 | M - TH | Jul 16 - Jul 19 | 10:00 am - 11:30 am |
| 822116J | 4 - 8 | M - TH | Jul 16 - Jul 19 | 1:00 pm - 2:30 pm |
| 822116K | 1 - 3 | M - TH | Jul 23 - Jul 26 | 10:00 am - 11:30 am |
| 822116L | 4 - 8 | M - TH | Jul 23 - Jul 26 | 1:00 pm - 2:30 pm |

Location: The Studio
 Fee: \$95/R - \$105/NR
 Instructor: Lucy Tonyan
 Min/Max: 6/15
 Length: 4 days



Archery Lessons

Students will be taught proper techniques on how to use a bow and arrow. Equipment is provided, but participants are welcome to bring their own. Parents are welcome to enroll with their children. **Classes cancelled due to inclement weather will be rescheduled at instructor's discretion. No class on Jul 4 and Jul 18. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-----|----------------|-------------------|
| 862101A | 9 & up | W | Jun 6 – Jul 25 | 5:00 pm – 6:15 pm |
| 862101B | 9 & up | W | Jun 6 – Jul 25 | 6:15 pm – 7:30 pm |

Location: Petersen Historic Farm
 Fee: \$60/R – \$70/NR
 Instructor: Ron Ryba, USA Archery Level 2 Instructor

Min/Max: 6/12
 Length: 6 wks

Archery Mini Camp

Students will work on their accuracy through skill competitions and team building. Have you ever shot a balloon for a prize? Or how about breaking a clay pigeon with a single shot? Students can learn the skills to become a JOAD (Junior Olympic Archery Development) team member. **Classes cancelled due to inclement weather will be rescheduled at instructor's discretion. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-----|----------------|-------------------|
| 862102A | 9 & up | W | Aug 1 – Aug 22 | 5:00 pm – 6:30 pm |

Location: Petersen Historic Farm
 Fee: \$40/R – \$50/NR
 Instructor: Ron Ryba, USA Archery Level 2 Instructor

Min/Max: 6/12
 Length: 4 wks

Warriors Baseball Camp **NEW!**

Boys and girls will work on advancing their baseball skills with local high school athletes and coaches. Participants will work on basic skills, pitching, hitting, fielding, and more. Players will get to bond with high school athletes and learn about steps towards continued growth in the sport. **Required equipment: baseball glove. (NT)**

| Reg # | Grades | Day | Dates | Time |
|---------|--------|-------|----------------|---------------------|
| 862103A | 6 – 8 | M – F | Aug 6 – Aug 10 | 10:00 am – 12:00 pm |

Location: Petersen Park Field 2
 Fee: \$50/R – \$60/NR
 Instructor: McHenry HS Baseball Coaches & Athletes

Min/Max: 8/30
 Length: 1 wk

Globe Toddlers Basketball

Basketball can be a lifetime sport, so start early! Children will be introduced to the game of basketball and be taught the basic skills of dribbling, passing, and shooting. **Children must be potty trained before the start of class. No class on Jul 3. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|-----------------|-------------------|
| 862104A | 2 ½ – 6 | TU | Jun 26 – Aug 7 | 5:15 pm – 6:00 pm |
| 862104B | 2 ½ – 6 | TH | Jul 26 – Aug 30 | 5:15 pm – 6:00 pm |

Location: Lakeland Park Community Center
 Fee: \$45/R – \$55/NR
 Instructor: Athletics Staff

Min/Max: 6/12
 Length: 6 wks

Pee Wee Basketball Camp

Athletes learn the basic rules and skills of basketball. Coaches will provide a fun and positive environment for your child to learn the skills in live game settings. **Suggested equipment: clean gym shoes for each class. (NT)**

| Reg # | Grades | Day | Dates | Time |
|---------|--------|------|----------------|-------------------|
| 862105A | 1 – 2 | T/TH | Jul 17 – Aug 9 | 5:30 pm – 6:30 pm |

Location: D15 Facility
 Fee: \$50/R – \$60/NR
 Instructor: Athletics Staff

Min/Max: 10/25
 Length: 4 wks

Lil' Dribblers Basketball Camp **NEW!**

This class is designed to teach students the sport of basketball in a safe, fun environment. Students will work on increasing balance, body awareness, motor skills, hand/eye coordination, listening skills, and the ability to follow directions. **Levels are skill and age based. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-------|-----------------|---------------------|
| 862106A | 5 – 6 | M – F | Aug 13 – Aug 17 | 10:30 am – 11:15 am |
| 862106B | 7 – 9 | M – F | Aug 13 – Aug 17 | 11:15 am – 12:15 pm |
| 862106C | 10 – 13 | M – F | Aug 13 – Aug 17 | 12:15 pm – 1:45 pm |

Location: D15 Facility
 Fee A: \$55/R – \$65/NR
 Fee B: \$60/R – \$70/NR
 Fee C: \$75/R – \$85/NR
 Instructor: Hot Shot Sports

Min/Max: 8/20
 Length: 1 wk

Hoopin' w/Warriors Basketball

Boys and girls will work on shooting, passing, dribbling, rebounding, and defensive play skills utilizing instructional stations. Camp will also feature daily skills competition and 3-on-3 games. The goal is for participants to have a great camp experience and to improve as players! **Students will be separated by age and ability. (NT)**

| Reg # | Grades | Day | Dates | Time |
|---------|--------|-------|-----------------|-------------------|
| 862107A | 3 - 8 | M - F | Jul 23 - Jul 27 | 5:30 pm - 6:30 pm |

Location: McHenry HS West Campus Gym
 Fee: \$45/R - \$55/NR
 Instructor: Chris Madson & Staff
 Min/Max: 8/30
 Length: 1 wk

Basketball Camp

Kids work on shooting, passing, dribbling, rebounding, and defensive skills utilizing instructional stations and games. Camp also features daily skills competition and scrimmages. The goal is for players to have a great time while improving their skills. **Kids will be separated by age and ability. The last two weeks of class the children will play organized games against each other. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-----|-----------------|-------------------|
| 862108A | 5 - 7 | TU | Jun 12 - Jul 17 | 6:30 pm - 7:30 pm |
| 862108B | 8 - 12 | TU | Jun 12 - Jul 17 | 7:30 pm - 8:30 pm |

Location: D15 Facility
 Fee: \$60/R - \$70/NR
 Instructor: 5 Star Sports Academy
 Min/Max: 8/20
 Length: 6 wks

Girl's Basketball Camp **NEW!**

Take your game to the next level in this camp designed specifically for girls basketball players! The camp focuses on improving fundamental skills, developing leadership & improving basketball IQ. Ball handling, passing, rebounding, shooting and individual and team defense are areas that are developed. **Students will be broken into groups based on age and ability. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-------|-----------------|--------------------|
| 862109A | 8 - 14 | M - F | Aug 13 - Aug 17 | 9:30 am - 10:30 am |

Location: D15 Facility
 Fee: \$60/R - \$70/NR
 Instructor: Hot Shots Sports
 Min/Max: 8/20
 Length: 1 wk

All Around Basketball Players **NEW!**

This class recognizes the changing trend in basketball from designated position players to players that can do it all. Guards posting up and forwards shooting three point shots are common at the college level. This high intensity class will prepare the participant to compete against more competitive players. **Experienced players only. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|-----------------|-------------------|
| 862110A | 7 - 9 | M | Jul 16 - Aug 20 | 5:30 pm - 6:30 pm |
| 862110B | 10 - 14 | M | Jul 16 - Aug 20 | 6:30 pm - 7:30 pm |

Location: D15 Facility
 Fee: \$60/R - \$70/NR
 Instructor: Hot Shot Sports
 Min/Max: 8/20
 Length: 6 wks

Ball Handling & Quickness Camp **NEW!**

Crossover into this camp and learn the ins and outs of ball handling while increasing speed and control. Ball handling, two ball dribbling, and cone drills are just the start. This camp will also work on footwork to make you quicker and more efficient when moving down the court, guarding, or being the big man posting down low under the basket. **(NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|-----------------|-------------------|
| 862111A | 7 - 9 | F | Jul 20 - Aug 24 | 5:30 pm - 6:30 pm |
| 862111B | 10 - 14 | F | Jul 20 - Aug 24 | 6:30 pm - 7:30 pm |

Location: D15 Facility
 Fee: \$60/R - \$70/NR
 Instructor: 5 Star Sports Academy
 Min/Max: 6/20
 Length: 6 wks

Free Throw & 3-Point Contest **NEW!**

Represent your town and take home the crown. This free throw contest followed by a 3-point shooting contest creates a fun but competitive environment to practice shooting skills. **(NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-----|--------|--------------------|
| 862112A | 8 - 14 | SA | Aug 18 | 9:00 am - 12:00 pm |

Location: D15 Facility
 Fee: \$10/R - \$10/NR
 Instructor: 5 Star Sports Academy
 Min/Max: 20/50
 Length: 1 day

Double Play

In this program, participants alternate each week between basketball and soccer. Players develop skills and fundamentals while experiencing game play in an instructional and exciting setting. (NT)

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|-----------------|-------------------|
| 862113A | 3 – 5 | F | Jul 20 – Aug 24 | 5:00 pm – 6:00 pm |
| 862113B | 6 – 8 | F | Jul 20 – Aug 24 | 6:00 pm – 7:00 pm |

Location: Lakeland Park Community Center
 Fee: \$60/R – \$70/NR
 Instructor: Hot Shot Sports
 Min/Max: 6/20
 Length: 6 wks

Dodgeball

Get ready to duck, dip, and dive your way to fun! Kids will learn the skills to be an expert at the game along with learning different variations of play. Come out for friendship and laughter in this friendly league. **No class on Jul 4.** (NT)

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|-----------------|-------------------|
| 862114A | 7 – 9 | W | Jun 13 – Jul 25 | 5:15 pm – 6:15 pm |
| 862114B | 10 – 12 | W | Jun 13 – Jul 25 | 6:15 pm – 7:15 pm |

Location: D15 Facility
 Fee: \$60/R – \$70/NR
 Instructor: 5 Star Sports Academy
 Min/Max: 10/20
 Length: 6 wks

Flag Football Drills & Play

Special clinics aimed towards giving athletes tips and drills to improve their game. Students will be introduced to the game of football in a fun setting. Clinics will end with class scrimmages. **Inclement weather location is Edgebrook School Gym.** (NT)

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-----|-----------------|-------------------|
| 862115A | 5 – 7 | TH | Jun 14 – Jul 19 | 5:15 pm – 6:00 pm |
| 862115B | 8 – 11 | TH | Jun 14 – Jul 19 | 6:00 pm – 7:00 pm |

Location: Edgebrook School Field (Behind Building)
 Fee A: \$50/R – \$60/NR
 Fee B: \$60/R – \$70/NR
 Instructor: 5 Star Sports Academy
 Min/Max: 8/25
 Length: 6 wks

Field Hockey Camp

NEW!

This class is designed to teach girls the sport of field hockey. Participants will learn the basic skills such as dribbling, push passing, receiving, shooting, block tackles, and basic elimination skills. (NT)

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|-----------------|-------------------|
| 862116A | 10 – 14 | TH | Jul 19 – Aug 23 | 4:30 pm – 5:30 pm |

Location: Knox Park Soccer Field
 Fee: \$60/R – \$70/NR
 Instructor: Hot Shot Sports
 Min/Max: 8/12
 Length: 6 wks

Floor Hockey

Hockey has quickly become one of the most popular sports! Children work on passing, shooting, puck handling, defense, and teamwork through games and scrimmages in a fun, controlled environment. **All equipment is provided, but children can bring their own sticks to class.** (NT)

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-----|-----------------|-------------------|
| 862117A | 4 – 6 | F | Jun 15 – Jul 20 | 5:30 pm – 6:30 pm |
| 862117B | 7 – 10 | F | Jun 15 – Jul 20 | 6:30 pm – 7:30 pm |

Location: D15 Facility
 Fee: \$60/R – \$70/NR
 Instructor: 5 Star Sports Academy
 Min/Max: 8/15
 Length: 6 wks

Floor Hockey League

A league which puts your skills to the test, students will spend the first two weeks in clinics working on skills. After week 2, participants will be divided into teams. The last four week students will spend 15 minutes warming up followed by a game. Students will receive a t-shirt as part of the league. (NT)

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-----|-----------------|---------------------|
| 862118A | 5 – 7 | SA | Jul 21 – Aug 25 | 9:00 am – 10:00 am |
| 862118B | 8 – 11 | SA | Jul 21 – Aug 25 | 10:00 am – 11:00 am |

Location: D15 Facility
 Fee: \$75/R – \$85/NR
 Instructor: 5 Star Sports Academy
 Min/Max: 12/25
 Length: 6 wks



Advanced Puck Handling & Shooting Clinic

Bring your skills to the next level by attending this clinic. Efficient stick handling allows for quick movements towards the goal but you cannot forget about teamwork. Passing the puck to a teammate can throw off the defense and create an open shot. This clinic will incorporate fun drills and games to practice and improve these skills. Indoor iceless hockey skills can be easily transferred to skills performed on ice in a hockey rink. Gain the confidence you need before hockey season comes around. (NT)

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|-----------------|-------------------|
| 862119A | 7 - 9 | TU | Jul 17 - Aug 21 | 5:30 pm - 6:30 pm |
| 862119B | 10 - 14 | TU | Jul 17 - Aug 21 | 6:30 pm - 7:30 pm |

Location: D15 Facility
 Fee: \$60/R - \$70/NR
 Instructor: 5 Star Sports Academy
 Min/Max: 6/15
 Length: 6 wks

Gymnastics Boot Camp

Come out for three days of intense gymnastics training. Children will work on building their basic skills and learning the great world of gymnastics. (NT)

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-------|-----------------|-------------------|
| 862120A | 6 & up | TU-TH | Jun 19 - Jun 21 | 9:00 am - 1:00 pm |

Location: Corkscrew Gymnastics
 Fee: \$165/R - \$175/NR
 Instructor: Corkscrew Gymnastics Staff
 Min/Max: 3/8
 Length: 3 days

Gymnastics Clinic

The clinics are specialized to help your child work on developing a core technique of the gymnastics world. **Clinic A is a Cartwheel Clinic. Clinic B is a Round Off Clinic. Clinic C is a Back Hand Spring Clinic.** (NT)

| Reg # | Ages | Day | Date | Time |
|---------|--------|-----|--------|-------------------|
| 862121A | 6 & up | SA | Jul 21 | 1:00 pm - 2:00 pm |
| 862121B | 6 & up | SA | Jul 28 | 1:00 pm - 2:00 pm |
| 862121C | 6 & up | SA | Aug 4 | 1:00 pm - 2:00 pm |

Location: Corkscrew Gymnastics
 Fee: \$20/R - \$25/NR
 Instructor: Corkscrew Gymnastics Staff
 Min/Max: 3/8
 Length: 1 day

Gymnastics

Parent/Child (1 ½ to 3): This class is designed to enhance motor, listening, and social skills through fun gymnastics oriented activities. Adults actively participate in the class with their child.

Tots (3-5): A class that teaches the basic gymnastic skills of tumbling, low bar, floor, and balance beam. **Beginners (6 & up):** This class builds strength and coordination on the floor, balance beam, vault, and bars. Also included is work on the Tumble Trak, a long trampoline that provides all the benefits of tumbling without the wear and tear on the joints. (NT)

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|-----------------|-------------------|
| 862122A | 1 ½ - 3 | M | Jun 4 - Jul 9 | 9:15 am - 9:45 am |
| 862122B | 3 - 5 | M | Jun 4 - Jul 9 | 5:30 pm - 6:15 pm |
| 862122C | 6 & up | M | Jun 4 - Jul 9 | 6:30 pm - 7:15 pm |
| 862122D | 1 ½ - 3 | M | Jul 16 - Aug 20 | 9:15 am - 9:45 am |
| 862122E | 3 - 5 | M | Jul 16 - Aug 20 | 5:30 pm - 6:15 pm |
| 862122F | 6 & up | M | Jul 16 - Aug 20 | 6:30 pm - 7:15 pm |

Location: Corkscrew Gymnastics
 Fee A/D: \$45/R - \$55/NR
 Fee B/C/E/F: \$65/R - \$75/NR
 Instructor: Corkscrew Gymnastics Staff
 Min/Max: 3/8
 Length: 6 wks

IGLA Girls Lacrosse Camp NEW!

Beginners are taught the basics of lacrosse and focus on fundamentals. Experienced players are taught advanced skills and techniques. Camps run 3-4 days/week for 2 hours. Registration is a two-step process. Please register and pay through the McHenry Parks & Recreation, and register at iglax.org/programs/summer-programs. (NT)

| Reg # | Grades | Day | Dates | Time |
|---------|--------|--------|-----------------|--------------------|
| 862123A | K - 9 | Varies | Jun 11 - Jun 14 | 10:00 am - 2:00 pm |

Location: Ron Beese Park
 (50 Rotary Drive, Barrington)
 Fee: \$130/R - \$140/NR
 Instructor: Illinois Girls Lacrosse Association Coaches
 Min/Max: 5/40
 Length: 3-4 days



SNAG Golf

Students will be introduced to the basic fundamentals of golf in a fun exciting way. The SNAG (Starting New At Golf) program uses oversized clubs and balls to get children used to the equipment and sport of golf. They will practice hitting by aiming for foam bull's-eye targets and large flags. Students advance at their own rate by learning through personal achievements. (NT)

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-------|-----------------|-------------------|
| 862124A | 3 - 5 | M/W | Jun 4 - Jun 20 | 5:15 pm - 6:00 pm |
| 862124B | 6 - 10 | M/W | Jun 4 - Jun 20 | 6:00 pm - 7:00 pm |
| 862124C | 3 - 5 | TU/TH | Jul 10 - Jul 26 | 5:15 pm - 6:00 pm |
| 862124D | 6 - 10 | TU/TH | Jul 10 - Jul 26 | 6:00 pm - 7:00 pm |

Location: Boone Creek Country Club
 Fee A/C: \$45/R - \$55/NR
 Fee B/D: \$50/R - \$60/NR
 Instructor: Boone Creek Country Club Instructors
 Min/Max: 6/20
 Length: 3 wks

Golf Camp

Students will be introduced to the basic fundamentals of golf in a fun exciting way. They will learn the skills on a real life course. Kids are welcomed to bring their own clubs. **If class is cancelled due to inclement weather, make-up date will be determined by instructors. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-------|-----------------|---------------------|
| 862225A | 3 - 5 | M - F | Jun 25 - Jun 29 | 9:00 am - 10:00 am |
| 862125B | 6 - 10 | M - F | Jun 25 - Jun 29 | 10:00 am - 11:00 am |
| 862225C | 3 - 5 | M - F | Jul 23 - Jul 27 | 9:00 am - 10:00 am |
| 862125D | 6 - 10 | M - F | Jul 23 - Jul 27 | 10:00 am - 11:00 am |

Location: Boone Creek Country Club
 Fee: \$55/R - \$65/NR
 Instructor: Boone Creek Country Club Instructors
 Min/Max: 6/20
 Length: 1 wk

Golf Lessons - Youth & Adult

Students will be introduced to the basic fundamentals of golf. Titleist certified instructors will implement techniques and an individualized approach based on development characteristics. **Youth** students begin building a basic swing emphasizing safety and athlete first focus. **Adult** students will practice developing a simple, powerful, repeatable swing at the range and finish with the short game. Want to enroll in a class during the same time as your child? Youth students will be supervised in the clubhouse until parents complete their class. Make one trip for the both of you! **You are encouraged to bring your own clubs (driver, 7 iron, pitching or sand wedge, and putter). Contact the Golf Academy at Terra Cotta if you need to borrow clubs at 815-355-4225. The student-teacher ratio is approximately 6:1. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------------|-----|-----------------|---------------------|
| 862126A | Girls 4-7 | M | Jul 9 - Aug 6 | 5:30 pm - 6:30 pm |
| 862126B | Girls 8-10 | M | Jul 9 - Aug 6 | 6:30 pm - 7:30 pm |
| 862126C | Girls 11-13 | TU | Jul 10 - Aug 7 | 6:00 pm - 7:00 pm |
| 862126D | Adult 14+ | TU | Jul 10 - Aug 7 | 6:00 pm - 7:30 pm |
| 862126E | Boys 5-8 | W | Jul 11 - Aug 8 | 5:30 pm - 6:30 pm |
| 862126F | Boys 9-11 | W | Jul 11 - Aug 8 | 6:30 pm - 7:30 pm |
| 862126G | Boys 12-14 | TH | Jul 12 - Aug 9 | 6:00 pm - 7:00 pm |
| 862126H | Adult 14+ | TH | Jul 12 - Aug 9 | 6:00 pm - 7:30 pm |
| 862126I | Girls 4-13 | SA | Jul 14 - Aug 11 | 9:00 am - 10:00 am |
| 862126J | Boys 5-14 | SA | Jul 14 - Aug 11 | 10:00 am - 11:00 am |
| 862126K | 5-14 | TU | Sep 11 - Oct 9 | 6:00 pm - 7:00 pm |
| 862126L | Adult 14+ | TH | Sep 13 - Oct 11 | 5:30 pm - 6:30 pm |
| 862126M | Girls 4-13 | W | Sep 12 - Oct 10 | 5:30 pm - 6:30 pm |
| 862126N | Youth 4-14 | SA | Sep 15 - Oct 13 | 9:00 am - 10:00 am |

Location: Golf Academy at Terra Cotta
 Youth: \$65/R - \$75/NR
 Adult: \$90/R - \$100/NR
 Instructor: Jim Buenzli and Staff
 Min/Max: 2/6
 Length: 5 wks

Nerf Combat

Nerf Combat is a program that will highlight all the fun of playing tag with Nerf blasters and equipment in a fun, safe environment. Equipment is provided, but children are welcome to bring their own as well. Jerseys will be worn to specify teams. Obstacles will be placed around the gym to transform the court into an arena. The program works on skills like teamwork, socialization, building strategies, competition, and good sportsmanship. **Suggested equipment: protective eyewear. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|-----------------|-------------------|
| 862127A | 7 - 9 | M | Jun 11 - Jul 16 | 5:30 pm - 6:30 pm |
| 862127B | 10 - 12 | M | Jun 11 - Jul 16 | 6:30 pm - 7:30 pm |

Location: D15 Facility
 Fee: \$60/R - \$70/NR
 Instructor: 5 Star Sports Academy

Min/Max: 8/15
 Length: 6 wks

Nerf Combat Parent & Me NEW!

Nerf combat is fun at all ages. This program gives parents an opportunity to go out and run around with their little munchkins. At this age it is common for kids to be shy and nervous when coming to a class. When having the chance to walk around and play with their parents at the same time as the other kids, they begin to gain social comfort. The coaches of this class will lead fun games that include both parents and kids to teach them the basics of nerf combat, but more importantly simply create a fun environment. **Eye protection MUST be worn by all. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|-----------------|-------------------|
| 862128A | 2 - 3 | W | Jul 18 - Aug 22 | 5:30 pm - 6:30 pm |
| 862128B | 4 - 5 | W | Jul 18 - Aug 22 | 6:30 pm - 7:30 pm |

Location: D15 Facility
 Fee: \$60/R - \$70/NR
 Instructor: 5 Star Sports Academy

Min/Max: 6/15
 Length: 6 wks

Soccer Stompers

Students are introduced to the basic concept of soccer. Children will work on passing, shooting, and scoring. Class is divided into warm-up, skill session, games, and cool-down. **Children must be potty trained before the start of the class. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|----------------|-------------------|
| 862129A | 2 ½ - 6 | F | Jun 8 - Jul 13 | 9:00 am - 9:45 am |
| 862129B | 2 ½ - 4 | F | Jun 8 - Jul 13 | 4:15 pm - 5:00 pm |
| 862129C | 5 - 6 | F | Jun 8 - Jul 13 | 5:15 pm - 6:00 pm |

Location: Lakeland Park Community Center
 Fee: \$45/R - \$55/NR
 Instructor: Athletics Staff

Min/Max: 6/12
 Length: 6 wks

Super Strikers Soccer Camp

Students are taught basic soccer skills in a friendly environment using games. Skills taught include dribbling, turning, trapping the ball, running with the ball, passing and shooting. Each participant will receive a soccer ball. **Optional attire: shin guards. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-------|-----------------|-------------------|
| 862130A | 3 - 4 | M - F | Jun 11 - Jun 15 | 5:15 pm - 6:00 pm |
| 862130B | 5 - 6 | M - F | Jun 11 - Jun 15 | 6:15 pm - 7:15 pm |
| 862130C | 3 - 4 | M - F | Jul 16 - Jul 20 | 5:15 pm - 6:00 pm |
| 862130D | 5 - 6 | M - F | Jul 16 - Jul 20 | 6:15 pm - 7:15 pm |

Location: Shamrock Farms Shelter
 Fee A/C: \$70/R - \$80/NR
 Fee B/D: \$75/R - \$85/NR
 Instructor: Skills First Soccer Coach Matt

Min/Max: 6/14
 Length: 1 wk



Teach Me Sports

Introduce your child to the world of sports in a fun, non-competitive environment. Sports vary by session. Children will be taught basic motor skills necessary for each sport. Classes focus on essential character values of sports such as teamwork, good sportsmanship, honesty, and more. **Required attire: comfortable clothing and gym shoes. No class on Jul 18. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|-----------------|---------------------|
| 862131A | 2 ½ - 5 | W | Jul 11 - Aug 15 | 10:00 am - 10:45 am |
| 862131B | 2 ½ - 4 | W | Jul 11 - Aug 15 | 5:15 pm - 6:00 pm |
| 862131C | 5 - 7 | W | Jul 11 - Aug 15 | 6:00 pm - 7:00 pm |

Location: Knox Park Field 1
 Fee A/B: \$40/R - \$50/NR
 Fee C: \$45/R - \$55/NR
 Instructor: Athletics Staff
 Min/Max: 6/15
 Length: 5 wks

Tennis Lessons - Youth

Using principles and practices of the QuickStart Tennis format, instructors provide junior players with a foundation of technique and strategy and a better understanding and appreciation of the game of tennis. Participants must have their own rackets, wear tennis shoes, and bring a water bottle. All equipment is provided for the 3-5 age class. **Classes cancelled due to inclement weather will be added on to the end of the session. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|------|----------------|---------------------|
| 862132A | 5 - 8 | T/TH | Jun 5 - Jun 28 | 8:30 am - 9:25 am |
| 862132B | 9 - 12 | T/TH | Jun 5 - Jun 28 | 9:30 am - 10:25 am |
| 862132C | 5 - 12 | T/TH | Jun 5 - Jun 28 | 10:30 am - 11:25 am |
| 862132D | 3 - 5 | T/TH | Jun 5 - Jun 28 | 3:30 pm - 4:25 pm |
| 862132E | 5 - 12 | T/TH | Jun 5 - Jun 28 | 4:30 pm - 5:25 pm |
| 862132F | 5 - 8 | T/TH | Jul 10 - Aug 2 | 8:30 am - 9:25 am |
| 862132G | 9 - 12 | T/TH | Jul 10 - Aug 2 | 9:30 am - 10:25 am |
| 862132H | 5 - 12 | T/TH | Jul 10 - Aug 2 | 10:30 am - 11:25 am |
| 862132I | 3 - 5 | T/TH | Jul 10 - Aug 2 | 3:30 pm - 4:25 pm |
| 862132J | 5 - 12 | T/TH | Jul 10 - Aug 2 | 4:30 pm - 5:25 pm |

Location: Knox Park Tennis Courts
 Fee: \$50/R - \$60/NR
 Instructor: Athletics Staff
 Min/Max: 8/16
 Length: 4 wks

Tennis Drill & Play

Drill and play is an excellent way for players to prepare for high school tennis. Both beginner and JV/Varsity players are welcome. Instructors assess and group players based on skill level to provide appropriate level of competition. Instruction varies from stroke basics to competitive shot selection and game strategy. **Classes cancelled due to inclement weather will be added on to the end of the session. (NT)**

| Reg # | Grades | Day | Dates | Time |
|---------|--------|-----|----------------|-------------------|
| 862133A | 6 - 12 | M/W | Jun 4 - Jun 27 | 5:30 pm - 7:00 pm |

Location: Knox Park Tennis Courts
 Fee: \$60/R - \$70/NR
 Instructor: Athletics Staff
 Min/Max: 8/24
 Length: 4 wks

Youth Tennis Lessons - Private

Using principles and practices of the QuickStart Tennis format, instructors provide junior players with a foundation of technique and strategy and a better understanding and appreciation of the game of tennis. Participants must have their own rackets, wear tennis shoes, and bring a water bottle. Instructors will work one on one with students to meet their individualized needs. **Sessions will be scheduled with instructor according to athlete and coach availability. (NT)**

| Reg # | Grades | Day | Dates | Time |
|---------|--------|-------|-----------------|-----------------------|
| 862134A | 1 - 12 | M - F | Jun 11 - Jul 28 | Varies/45 min. lesson |

Location: Knox Park Tennis Courts
 Fee: \$80/R - \$90/NR
 Instructor: Athletics Staff
 Min/Max: 1/1
 Length: 4 sessions



Track & Field Training

Kids are taught the fundamentals of track & field events. They will work on activities such as the long jump, softball throw, discus, shot put, 50 meter dash to 1600 meter run, and relays. Athletes are taught proper conditioning, warm-ups, and cool downs to keep their body healthy during events. Fee includes Open Track Meet registration for Wednesday, July 18. See Special Events page for more information. **Classes cancelled due to inclement weather will be made-up on Fridays. No class Jul 5. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|------|-----------------|--------------------|
| 862135A | 6 - 12 | M/TH | Jun 25 - Jul 16 | 9:30 am - 11:00 am |

Location: McCracken Track & Field
 Fee: \$45/R - \$55/NR
 Instructor: Carrie Sabatka
 Min/Max: 15/30
 Length: 6 classes

T-Ball

NEW!

Children will be introduced to the basics of T-ball. Throwing, hitting, fielding, and base running will be stressed. On the last day of class kids will play parents. **Equipment needed: baseball glove. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|------|----------------|---------------------|
| 862136A | 4 only | T/TH | Jun 5 - Jun 28 | 9:00 am - 10:00 am |
| 862136B | 5 - 6 | T/TH | Jun 5 - Jun 28 | 10:00 am - 11:00 am |

Location: Petersen Park Field 1
 Fee: \$55/R - \$65/NR
 Instructor: McHenry Warriors Baseball Coaches & Athletes
 Min/Max: 10/20
 Length: 4 wks

Go for It! Girl's Multi-Sport Clinic

This multi-sports program allows participants to try new skills and achieve goals in an environment tailored for girls. Young girls derive many benefits from participating in sports, such as confidence, high self-esteem, and a positive body image. Participants are taught fundamentals as well as basic skill development in a variety of sports. Games and scrimmages encourage team play and interaction in a safe and active setting encouraging physical fitness and teamwork. **(NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|-----------------|-------------------|
| 862137A | 4 - 6 | TH | Jul 19 - Aug 23 | 5:30 pm - 6:30 pm |
| 862137B | 7 - 9 | TH | Jul 19 - Aug 23 | 6:30 pm - 7:30 pm |

Location: Knox Park Tennis Courts
 Fee: \$60/R - \$70/NR
 Instructor: Hot Shot Sports
 Min/Max: 8/20
 Length: 6 wks

Volleyball Skills Camp

Boys and girls can improve their volleyball skills and become better players by practicing drills of footwork, passing, setting, serving, and spiking. Students participate in several drills and game situations. **Recommended attire: shorts, gym shoes, and knee pads. (NT)**

| Reg # | Grades | Day | Dates | Time |
|---------|--------|-------|-----------------|--------------------|
| 862138A | 5 - 8 | M - F | Jun 11 - Jun 15 | 9:00 am - 10:30 am |

Location: McHenry Middle School Gym
 Fee: \$50/R - \$60/NR
 Instructor: Brian Schweitzer
 Min/Max: 8/40
 Length: 1 wk

Sand Volleyball & Swim Camp **NEW!**

Athletes will learn and work on sand volleyball skills while also enjoying our lake front. They will take breaks from play to cool down in the water or take a boat out on the lake. Get the enjoyment of two sports this summer! Campers should bring a snack and water each day. Every camper will receive a camp t-shirt. **(NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-------|-----------------|--------------------|
| 862139A | 8 - 14 | M - F | Jun 18 - Jun 22 | 9:00 am - 12:00 pm |

Location: Petersen Park Beach Courts
 Fee: \$120/R - \$130/NR
 Instructor: Hot Shots Sports
 Min/Max: 8/24
 Length: 1 wk

Toddler Leagues

Toddlers will enjoy learning the world of sports in a fun, nurturing environment. They will spend the first week running drills and learning skills. The next three weeks the children will be divided into teams and play scrimmage games. Students will only show up for their game times the final 3 weeks. Number of teams and games will be determined after the first week. Parents will be e-mailed schedules after week 1. Each child will receive a shirt for the league.

| Reg # | Ages | Day | Dates | Time |
|---------------|-------|-----|-------------|--------------------|
| 862140A | 3 - 5 | SA | Jul 7 | 9:00 am - 9:45 am |
| Soccer | | SA | Jul 14 - 28 | 9, 9:30, 10, 10:30 |
| 862141A | 3 - 5 | SA | Aug 4 | 9:00 am - 9:45 am |
| T-Ball | | SA | Aug 11 - 25 | 9, 9:30, 10, 10:30 |

Location: Knox Park Fields
 Fee: \$45/R - \$55/NR
 Min/Max: 20/40
 Length: 4 wks

Toddler Multi-Sports Camp **NEW!**

Join us for a half day camp filled with sports and skills. Campers will learn the basics of different sports through fun games and activities. Sports will vary each week. Participants will venture into water sports, general athletics, and weird/wacky sports. Examples include swimming, soccer, baseball, Knockerball, archery tag, volleyball, football, and more. **(NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|----------------|--------------------|
| 862142A | 3 - 5 | SA | Jun 9 - Jun 30 | 9:00 am - 12:00 pm |
| 862142B | 3 - 5 | SA | Aug 4 - Aug 25 | 9:00 am - 12:00 pm |

Location: Knox Park Field 1
 Fee: \$60/R - \$70/NR
 Instructor: Athletics Staff

Min/Max: 6/15
 Length: 4 wks

Multi-Sports Camp **NEW!**

Join us for a half day camp filled with sports and skills. Campers will learn the basics of different sports through fun games and activities. Sports will vary each week. Participants will venture into water sports, general athletics, and weird/wacky sports. Examples include swimming, boat racing, soccer, baseball, Knockerball, archery tag, volleyball, football, and more. **(NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-------|-----------------|--------------------|
| 862143A | 5 - 7 | M - F | Jun 11 - Jun 15 | 9:00 am - 12:00 pm |
| 862143B | 8 - 12 | M - F | Jun 11 - Jun 15 | 9:00 am - 12:00 pm |
| 862143C | 5 - 7 | M - F | Jun 25 - Jun 29 | 1:00 pm - 4:00 pm |
| 862143D | 8 - 12 | M - F | Jun 25 - Jun 29 | 1:00 pm - 4:00 pm |
| 862143E | 5 - 7 | M - F | Jul 9 - Jul 13 | 9:00 am - 12:00 pm |
| 862143F | 8 - 12 | M - F | Jul 9 - Jul 13 | 9:00 am - 12:00 pm |
| 862143G | 5 - 7 | M - F | Jul 23 - Jul 27 | 1:00 pm - 4:00 pm |
| 862143H | 8 - 12 | M - F | Jun 23 - Jun 27 | 1:00 pm - 4:00 pm |

Location: Petersen Park Beach Shelter
 Fee: \$70/R - \$80/NR
 Instructor: Athletics Staff

Min/Max: 10/40
 Length: 1 wk

Athletic & Aquatic Parties **NEW!**

Questions about parties or looking to book? Contact the Athletics & Aquatics Supervisor at 815-363-2165.

Splash Bash Pool Party

Host your next party at Merkel Aquatic Center. We offer party rentals for up to 100 guests. Rental gives you private access to pool, concessions seating, diving boards and aquatic features. Rentals are available Fridays 7:00-9:00 pm, Saturdays 6:00-8:00 pm and Sundays 6:00-8:00 pm from June 1 to August 19. All ages. **Rental fee \$175.**

Mini Bash Pool Party

Mini bash pool party allows your group access to the pool deck thirty minutes before open swim on the weekends. Available on Saturday and Sundays beginning at 11:30 am. Group not able to enter pool water until 12:00 pm, but this option allows your group to be the first ones in the water for the day. Limit of 15 guests. Available June 2 to July 29. All ages. **Rental fee \$75.**

Beach & Boats Party

Come out to Petersen Park Beach to take in our waterfront and everything it has to offer. Parties available on Friday, Saturdays and Sundays from 2:30-4:30 PM. Rental fee includes private seating under the beach pavilion. Waterfront access includes our Wibit Hurdle, Wibit Wiggle Bridge, swimming area and 1 hour of free boat rentals from 3:00-4:00 pm. Limit of 25 guests. Available June 1 to August 5. All ages. **Rental fee \$75.**

Knockerball Party

Who doesn't want to wear a giant bubble and play soccer? Group will have Knox Park Shelter as home base during the event with 2 hours of play with our Knockerball kit. Athletics staff will be on site to facilitate game play. Games are played 5 on 5. Available Saturday and Sundays June 2 to July 29. Parties can be scheduled between the hours of 11 am and 4:00 pm. Limit of 30 guests. Ages 8 & up. **Rental fee \$150.**

Archery Party

Bring some friends out to Petersen Farm to enjoy a day of Archery from our USA Certified Level 2 Archery Instructor. Group will get 1 hour of shooting time with instruction. Equipment is provided and range is set-up in multiple levels of difficulty. After range time, the group will have 1 hour of Archery Tag. Groups will get safety gear and utilize foam tipped arrows to play a game of tag. Available Saturdays and Sundays June 2 to August 26. Parties can be schedule between the hours of 11 am and 4:00 pm. Limit of 20 guests. Ages 9 & up. **Rental fee \$200.**



Creative Dance

This is the perfect class for first-time dance students! Children are introduced to music, movement activities as well as pre-ballet basics. **Required attire: leotard, tights, and pink leather ballet shoes (not slippers). No class on Jul 2. (CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|----------------|--------------------|
| 832121A | 3 - 4 | M | Jun 11 - Aug 6 | 9:30 am - 10:15 am |

Location: McHenry Recreation Center
 Fee: \$48/R - \$58/NR
 Instructor: Alyssa DiVenere
 Min/Max: 6/10
 Length: 8 wks

Hip Hop Kidz

Hip Hop dance is a great outlet for boys and girls looking for fast-paced and fun dancing! By incorporating rhythm and dance through appropriate music, kids are taught the fundamentals of dance in a different perspective. Kids can develop their very own funky style! **Required attire: comfortable fitted clothing and gym shoes. No class on Jul 2. (CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|----------------|---------------------|
| 832122A | 4 - 6 | M | Jun 11 - Aug 6 | 10:15 am - 11:00 am |

Location: McHenry Recreation Center
 Fee: \$48/R - \$58/NR
 Instructor: Alyssa DiVenere
 Min/Max: 6/10
 Length: 8 wks

Beginner Ballet/Tap

This is an introductory class for first-time ballet and tap students of various age groups. Children will be taught how to make many different rhythms and patterns with their feet, as well as basic ballet movements and techniques. **Required attire: leotard, tights, black tap shoes and pink leather ballet shoes. No class on Jul 4. (CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|----------------|-------------------|
| 832123A | 5 - 6 | W | Jun 13 - Aug 8 | 5:00 pm - 5:45 pm |

Location: McHenry Recreation Center
 Fee: \$48/R - \$58/NR
 Instructor: Jamie Pierce
 Min/Max: 6/12
 Length: 8 wks

Dance Basics

This fun class is designed to introduce students to ballet and jazz dance. Students are taught ballet and jazz skills to experience each style of dance while improving their flexibility, sense of rhythm and overall coordination. **Required attire: comfortable fitted clothing and leather ballet shoes. No class on Jul 4. (CW)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|----------------|-------------------|
| 832124A | 7 - 9 | W | Jun 13 - Aug 8 | 5:45 pm - 6:30 pm |

Location: McHenry Recreation Center
 Fee: \$48/R - \$58/NR
 Instructor: Jamie Pierce
 Min/Max: 6/12
 Length: 8 wks

Teen Yoga

Mood swings and sluggish attitudes are often related to the changing chemistry during the teen years. Physical activity and Yoga can help bring everything back in balance as well as increase flexibility. Reduce screen time this summer and come to class!

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|----------------|-------------------|
| 872501A | 13 - 18 | TH | Jun 7 - Jun 28 | 5:00 pm - 5:50 pm |

Location: McHenry Recreation Center
 Fee: \$39/R - \$49/NR
 Instructor: Karen Buenzli
 Min/Max: 5/10
 Length: 4 wks



Junior Swim Team

Does your child love swimming? Are they in the advanced levels of the American Red Cross Learn-to-Swim program? This is a bridge program to the McHenry Marlins Swim team. Swimmers will get a mixture of instruction and a typical practice workout to build up their endurance. They will also be taught basic skills like dives, strokes and breathing techniques. **Prerequisite: Must be Level 4 or higher of the American Red Cross Learn-to-Swim program or complete the readiness test with Aquatics Supervisor prior to session start date. Make-up classes due to inclement weather will take place on Thursdays from 5 pm – 6 pm. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|------|----------------|-------------------|
| 852200A | 6 - 15 | M/TU | Jun 4 – Jun 26 | 5:00 pm – 6:00 pm |
| 852200B | 6 - 15 | M/TU | Jul 9 – Jul 31 | 5:00 pm – 6:00 pm |

Location: Merkel Aquatic Center
 Fee: \$75/R – \$85/NR
 Instructor: USA Swimming Certified Swim Coach

Min/Max: 6/20
 Length: 4 wks

Masters Swim Team

NEW!

Masters swimming is an adult aquatic fitness program for individuals who chose aquatics as theirs means to a healthier lifestyle. All levels are welcome to join us. Workouts are challenging for competitive swimmers, tri-athletes and recreation swimmers. Swimmers will average 1,500-2,500 yards per practice depending on ability. **Any cancellations due to inclement weather will be added to end of session. No practice on Jul 4. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-------|----------------|-------------------|
| 852202A | 16 & Up | M/W/F | Jun 4 – Jul 13 | 5:00 am – 6:15 am |

Location: Merkel Aquatic Center
 Fee: \$130/R – \$140/NR
 Instructor: USA Swimming Certified Swim Coach

Min/Max: 6/40
 Length: 6 wks

Private/Semi-Private Swim Lessons

Private and semi-private lessons are a perfect way for students to learn at their own pace. Lessons are available for all ages and abilities for children, adults, and seniors. The instructor will develop a lesson based on the level and skill training needed. Private lessons provide a 1:1 student/instructor ratio; semi-private lessons provide a 2:1 ratio. Lessons will be thirty minutes long. Semi-private lesson participants must register together. We will not combine individuals to form semi-private lessons. Cancellations of lessons must be done 24 hours prior to class otherwise session will be lost. Register in-person at the McHenry Recreation Center. ***Only 10 Saturday lessons total for summer 2018. (NT)**

| Reg # | Type | Day | Dates | Time |
|---------|---------|--------|---------------|--------------------------------------------------------------|
| 852171A | Private | SA | Jun 2 – Aug 4 | 8:30 am – 9:00 am 9:05 am – 9:35 am 9:40 am – 10:10 am |
| 852171B | Semi | SA | Jun 2 – Aug 4 | 8:30 am – 9:00 am 9:05 am – 9:35 am 9:40 am – 10:10 am |
| 852171C | Private | M – TH | Jun 4 – Aug 2 | 5:00 pm – 6:00 pm |
| 852171D | Semi | M – TH | Jun 4 – Aug 2 | 5:00 pm – 6:00 pm |

Location: Merkel Aquatic Center
 Fee: \$20/person 1 private; \$16/person semi-private
 Pack of 5 Fee: \$85/person 5 private; \$70/person 5 semi-private

Private Lessons: USA Swim Coach

Have a swimmer that is looking to take their training to the next level? They can get swim lessons from USA Certified Swim Coaches. The instructor will develop a lesson based on the level and skill training needed. Private lessons provide a 1:1 student/instructor ratio. Prerequisite: Your child must be in or completed Level 2 or higher of learn-to-swim program. Register in-person at the McHenry Recreation Center. **No lessons on Jul 3. (NT)**

| Reg # | Type | Day | Dates | Time |
|---------|---------|-------|-----------------|---------------------|
| 852172A | Private | M, TU | Jun 4 – Jul 17 | 5:00 pm – 6:00 pm |
| 852172B | Private | SU | Jun 10 – Jul 22 | 11:00 am – 12:00 pm |

Location: Merkel Aquatic Center
 Fee: \$30 per ½ hour lesson/person



American Red Cross Swim Lessons

The learn-to-swim program is designed to enhance your child's ability and comfort around the water. Children are meant to naturally progress to each level based on skill requirements. Swimmers must pass all skills in a level before they will move up. A child's development level, practice, and focus during class can play a factor in how they progress. Lessons are available for children of all ages. Below you will find an explanation of each class. If you are not sure what level to place your child, check out our free lesson testing dates. All level placements are up to Aquatics staff. Children who can't meet criteria for level will be moved to appropriate class. **No classes on July 4. (NT)**

Parent & Child 1 & 2 (Ages 6 months to 4)

Parents and children learn together to increase a child's comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control. **Level 1** is for ages 6 months to 2 years old. **Level 2** will get the child ready for being without the parent during class and is for children 2-4 years old.

Preschool Level 2 (Ages 4 to 5)

This level is designed to help children gain greater independence in their skills and develop more comfort in and around water. Lessons provide experience and activities for children to: enter water by stepping in from a deck or low height; exit water using a ladder, steps, or side; bob; open eyes under water and retrieve submerged objects; float on front; glide on back and float and recover to a vertical position; roll from front to back and back to front; tread water using arm and leg actions; combine arm and leg actions on front and back.

Preschool Level 3 (Ages 4 to 5)

This level is design to help children start to gain basic swimming propulsive skills to be comfortable in and around water. Lessons provide experience and activities for children to: enter water by jumping in; submerge fully and hold breath; bob; use rotary breathing; do front, jellyfish and tuck floats; float on front and back or glide and recover to a vertical position; change direction of travel while swimming on front or back; tread water using arm and leg actions; combine arm and leg actions on front and back.

Level 1 - Intro to Water Skills (Ages 6 & up)

This level is designed to help participants feel comfortable in the water. Lessons provide experience and activities to: exit and enter water safely; blow bubbles through mouth and nose; bob; open eyes underwater and retrieve submerged objects; glide on front and back and recover to a vertical position; float on back; roll from front to back and back to front; tread water using arm and hand actions; simultaneously do arm and leg actions on front and back.

Level 2 - Fundamental Skills (Ages 6 & up)

This level is designed to give participants success with fundamental skills. Lessons provide experience and activities

Level 2 - Fundamental Skills (Cont.)

to: enter water by stepping or jumping from the side; exit water safely; submerge full and hold breath; bob; open eyes underwater and retrieve submerged objects; use rotary breathing; do front, jellyfish, and tuck floats; roll from front to back and back to front; tread water using arm and leg actions; change direction of travel while swimming on front or back.

Level 3 - Stroke Development (Ages 6 & up)

This level is designed to build on the skills in Preschool Level 3 or Level 2 through additional guided practice in deeper water. Lessons provide experience and activities to: enter water by jumping from the side, submerge full then recover to the surface and return to the side; enter headfirst from the side in sitting and kneeling positions; bob while moving toward safety; use rotary breathing; float on back; use survival float; change from vertical to horizontal position on front and back; tread water; use flutter and dolphin kicks on front; use scissors and breaststroke kicks, front crawl, and elementary backstroke.

Level 4 - Stroke Improvement (Ages 6 & up)

This level is designed to develop confidence in the skills learned and improves other aquatic skills. Lessons provide experience and activities to: enter headfirst from the side in compact and stride positions; swim underwater; feet first surface dive; use survival swimming; open turned on front and back; tread water using 2 different kicks; use front and back crawl; elementary backstroke, breaststroke, sidestroke and butterfly; use flutter and dolphin kicks on back.

Level 5/6 - Stroke Technique (Ages 6 & up)

This level is designed to work on technique and advancement of endurance, skills, and drills. Swimmers will work on distance along with race starts and turns.

Jr. Swim Team (Ages 6 & up)

A short 4 week program designed to help prepare swimmers for the training that happens during the season. Swimmers will run through mini-practices and swim around 1,000 yards. Level 4-6 swimmers welcome. Check out page 35 for more details.

Morning Classes (M-TH)

Session 1: June 4 - June 14

| | |
|---------------------------|----------------------------|
| 9:45 am - 10:30 am | 10:35 am - 11:20 am |
| 852180A P/C 1 & 2 | 852182B Presch 2 |
| 852191A Level 1 | 852183B Presch 3 |
| 852192A Level 2 | 852193B Level 3 |
| 852194A Level 4 | 852195B Level 5/6 |

Session 2: June 18 - June 28

| | | |
|------------------------|-------------------------|-------------------------|
| 9:45 - 10:30 am | 10:35 - 11:20 am | 11:25 - 12:10 pm |
| 852183D Presch 3 | 852181E P/C 2 | 852180F P/C 1 |
| 852191D Level 1 | 852182E Presch 2 | 852191F Level 1 |
| 852192D Level 2 | 852194E Level 4 | 852192F Level 2 |
| 852193D Level 3 | 852195E Level 5/6 | 852193F Level 3 |

Session 3: July 2 - July 12

| | | |
|------------------------|-------------------------|-------------------------|
| 9:45 - 10:30 am | 10:35 - 11:20 am | 11:25 - 12:10 pm |
| 852183G Presch 3 | 852180H P/C 1 | 852181I P/C 2 |
| 852192G Level 2 | 852182H Presch 2 | 852192I Level 2 |
| 852193G Level 3 | 852183H Presch 3 | 852193I Level 3 |
| 852195G Level 5/6 | 852191H Level 1 | 852194I Level 4 |

Session 4: July 16 - July 26

| | | |
|------------------------|-------------------------|-------------------------|
| 9:45 - 10:30 am | 10:35 - 11:20 am | 11:25 - 12:10 pm |
| 852182J Presch 2 | 852181K P/C 2 | 852183L Presch 3 |
| 852191J Level 1 | 852193K Level 3 | 852191L Level 1 |
| 852192J Level 2 | 852194K Level 4 | 852192L Level 2 |
| 852193J Level 3 | 852195K Level 5/6 | 852193L Level 3 |

Session 5: July 30 - August 9

| | |
|------------------------|-------------------------|
| 9:45 - 10:30 am | 10:35 - 11:20 am |
| 852180M P/C 1 & 2 | 852191N Level 1 |
| 852183M Presch 3 | 852193N Level 3 |
| 852192M Level 2 | 852195N Level 5/6 |

Free Swim Lesson Placement

Tuesday – Thursday, May 29 – May 31
9:00 am – 12:00 pm

Not sure what level to place your child?

Your children will spend 15 minutes in the water 1-on-1 with an instructor. The instructor will work on evaluating your child's current abilities and give you a recommendation on class placement.

Pre-registration required.

To schedule a time, call 815-363-2160.

Evening Classes (M/TU)

Session 1: June 4 - June 26

| | |
|--------------------------|--------------------------|
| 6:00 pm - 6:45 pm | 6:50 pm - 7:35 pm |
| 8521800 P/C 1 & 2 | 852191P Level 1 |
| 8521820 Presch 2 | 852193P Level 3 |
| 8521830 Presch 3 | 852194P Level 4 |
| 8521910 Level 1 | 852195P Level 5/6 |
| 8521920 Level 2 | 852197P Teen/Adult |

Session 2: July 9 - July 31

| | |
|--------------------------|--------------------------|
| 6:00 pm - 6:45 pm | 6:50 pm - 7:35 pm |
| 852180Q P/C 1 & 2 | 852191R Level 1 |
| 852182Q Presch 2 | 852193R Level 3 |
| 852183Q Presch 3 | 852194R Level 4 |
| 852192Q Level 2 | 852195R Level 5/6 |
| 852193Q Level 3 | 852197R Teen/Adult |

Registration Information

Session registration closes on the Friday before a session starts!

Morning Classes: Five 2-week sessions of swim lessons are offered in the summer. Classes are held Monday-Thursday. Friday is used for make-up classes due to cancellations during the week. Max 10 students/class.

Evening Classes: Two 4-week sessions of swim lesson are offered in the summer. Classes are held Monday/Tuesdays. Make-up classes due to weather cancellations are added to the end of session. Max 10 students/class.

Ages: 6 months & up
Location: Merkel Aquatic Center
Fee: \$55/CR – \$65/NCR

May 19 - National Learn to Swim Day Special

Sign-up for swim lessons on May 19 and receive \$5 off each group lesson session purchased or 1 free private lesson for every pack of 5 private lessons purchased!

Important Notes

Check the website at www.ci.mchenry.il.us/aquatic_center for important information on weather, make-up classes, suit & hair requirements, spectator seating, student/teacher ratio, waitlists and more.

McHenry Marlins Aquatic Club

The McHenry Marlins Aquatic Club (MMAC) Swim Team competes in the Northern Illinois Summer Swim Conference and is open to novice and experienced swimmers. **This swim team is not designed as a swim lesson program.** Students learn strokes, techniques, diving, starts, turns and conditioning. Swimmers must have a team or navy/red suit and team swim camp (vendor can be found on the MMAC website). Year-round team participants have the option to compete in ISI/USA Long Course swim meets at an additional cost. **MMAC website: www.macswimmers.org. No practice on May 22, May 28 and July 4. (NT)**

Important Dates

Parents Meeting.....Wednesday, May 2 at HS
 Team Pictures.....Wednesday, June 13 at MAC
 Team Pictures (rain date).....Thursday, June 21 at MAC
 Splash Party.....Friday, July 27 at MAC
 HS = McHenry High School West Campus
 MAC = Merkel Aquatic Center

Swim Meets

The team has home and away dual meets on evenings in June and July. Swimmers need to arrange transportation to and from meets. Parent volunteers are required to work at Home meets.

Intersquad Meet & Pictures.....Wed, June 13
 McHenry at Buffalo Grove.....Wed, June 20
 Lincolnwood at McHenry.....Wed, June 27
 Mt. Prospect at McHenry.....Wed, July 11
 McHenry at Arlington Heights.....Wed, July 18
 Conference Meet at McHenry.....Wed, July 25

Levels of Practice

Gold: The elite group swims 4,500 meters per day. Students must be efficient in the four competitive strokes. This practice includes high school age swimmers plus any 11-14 year olds who can maintain the same level. 100% training only for swimmers who desire to work hard.

Bronze: This group swims up to 3,000 meters per day. Students know the basics of stroke, start and turn techniques but are not ready for the Gold training regime. 20% instruction/80% training.

Blue: This group works up to 2,000 meters per day. Students work on strokes, starts, and turns. 50% instruction/50% training.

Prerequisites

1. Swim 25 yd (ages 6-8) or 50 yd (ages 9-18) freestyle exhibiting proficiency in breathing patterns and stroke.
2. Swim 25 yd (ages 6-8) or 50 yd (ages 9-18) backstroke exhibiting proficiency in kick and body position.
3. Swim 25 yd (ages 6-8) or 50 yd (ages 9-18) breaststroke exhibiting proficiency in kick and body position.

Registration Information

Parents must complete and sign forms and submit medical release at registration. **Register and pay for full season only by April 13 to save \$50 per swimmer!** Registering multiple children? Receive a \$10 discount off the second child.

Previous swimmers must register before the first day of practice. If not registered by 3:00 pm on Monday, May 7, these swimmers will pay an additional \$10 charge. Any late payments will incur a \$10 fee per day past due.

| Reg # | Level | Day | Dates | Time |
|---------|--------|-------|-----------------|-------------------|
| 852201A | Gold | M - F | May 7 - May 25 | 6:30 pm - 8:00 pm |
| | | M - F | May 29 - Jul 25 | 6:15 am - 7:45 am |
| 852201B | Bronze | M - F | May 7 - May 25 | 5:30 pm - 6:30 pm |
| | | M - F | May 29 - Jul 25 | 7:45 am - 8:45 am |
| 852201C | Blue | M - F | May 7 - May 25 | 5:00 pm - 5:45 pm |
| | | M - F | May 29 - Jul 25 | 8:45 am - 9:30 am |

| | |
|---------------------|--------------------------|
| May 7 - May 25: | McHenry West Campus Pool |
| May 29 - July 25: | Merkel Aquatic Center |
| Fee May - July: | \$400/R - \$410/NR |
| Fee May Only: | \$180/R - \$190/NR |
| Fee June/July Only: | \$315/R - \$325/NR |

Two-A-Day Training

Swimmers will work in small groups with a coach to provide the swimmers with individualized attention. Note: Swimmers only allowed two training sessions every two weeks. Swimmers will need to sign up for a slot with a head coaches prior to that night.

| Reg # | Level | Day | Dates | Time |
|---------|----------------|-------|----------------|-------------------|
| 852202D | Any | M, TU | Jun 4 - Jul 17 | 6:00 pm - 7:00 pm |
| Fee: | \$5/per person | | | Max: 12/day |

- Full Season
- May Only
- June/July Only

McHenry Parks & Recreation Department

Date: _____

SUMMER SWIM TEAM REGISTRATION FORM

*Complete the registration form below and submit program payment payable to the City of McHenry.
Completed and signed forms are due at registration.*

| CONTACT / FAMILY INFORMATION - CHECK LEVEL OF PRACTICE (1 FORM PER CHILD) | | | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|----------------------------------------------------------------------|--|
| Proof of residency is required to receive resident rates. A family is defined as no more than two adults and their unmarried children, through 21 years of age, residing in the same household full time. Children 22 years and older, as well as other relatives and/or individuals in the same household are not in the definition of a family. | | | |
| <input type="checkbox"/> Blue | <input type="checkbox"/> Bronze | <input type="checkbox"/> Gold | |
| Child's First & Last Name | | Middle Initial | |
| Parent 1 First & Last Name | | Child's DOB (M/D/Y) | |
| Parent 2 First & Last Name | | Child's Age as of 5/1/2017 | |
| Street Address | | Gender <input type="checkbox"/> Male <input type="checkbox"/> Female | |
| City, State, Zip | | Primary Contact Number | |
| Email Address | | Cell Number (Parent 1) | |
| T-Shirt Size | | Work Number (Parent 1) | |
| # of years on summer team (1=1st yr) | | Cell Number (Parent 2) | |
| Allergies/Medications | | Work Number (Parent 2) | |
| FOR OFFICE USE ONLY | | | |
| <input type="checkbox"/> Paid in Full <input type="checkbox"/> Early Bird Discount by April 13 (full only) <input type="checkbox"/> Multiple Child Discount <input type="checkbox"/> MMAC Website Acct <input type="checkbox"/> Copy to Coach | | | |

PLEASE COMPLETE AND SIGN BACK PAGE - REQUIRED TO PROCESS ENROLLMENTS

| PAYMENT INFORMATION | | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|---------------|
| Mail or Drop-off: 3636 Municipal Drive, McHenry, IL 60050 • Fax: 815-363-3186 Make checks payable to City of McHenry. If paying by credit card, please complete the following: | | |
| Credit Card Number | Expiration | Security Code |
| Card Holder's Name | Card Holder's Signature | |

McHenry Parks & Recreation Department

SUMMER SWIM TEAM REGISTRATION FORM

Please review and sign - required to process enrollments

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK / PHOTO RELEASE / REFUNDS

WARNING OF RISK: Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slip and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities exist. In this regard, it must be recognized that it is impossible for the City of McHenry Parks & Recreation Department and McHenry Marlins to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK: Please read this form carefully and be aware that in signing up and participating in the programs listed above, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these programs (including transportation services and vehicle operations, when provided). I recognize and acknowledge that there are certain risks of physical injury to participants in these programs, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these programs against the City of McHenry Parks & Recreation Department and McHenry Marlins including its officials, agents, volunteers and employees. In the event of an emergency, I authorize the City of McHenry Parks & Recreation Department and McHenry Marlins to secure any/all necessary medical attention for me and/or my child/ward and further agree that I will be responsible for any and all medical services rendered.

I HAVE READ AND FULLY UNDERSTAND the important information, warning of risk, assumption of risk, and waiver and release of all claims. If registering online or via fax, my online or facsimile signature shall substitute for and have the same legal effect as an original form signature. I further understand that my signature is required below in order to participate in City of McHenry Parks & Recreation programs.

PHOTO RELEASE: The City of McHenry Parks & Recreation Department and McHenry Marlins take photos and videos of participants in programs, during special events, and in City of McHenry parks and facilities. By signing this waiver, I give permission to the City of McHenry and McHenry Marlins to use these photos and videos in its publications, websites and social media outlets without further permission and without compensation. All photos and videos are the property of the City of McHenry and McHenry Marlins.

PAYMENT POLICY: I do hereby affirm that I understand submitting this application makes me responsible for all registration fees, deposits, and late fees incurred. I understand that the City of McHenry Parks & Recreation department reserves the right to dismiss a participant from the program if all fees are not paid. I agree to follow the City of McHenry Parks & Recreation guidelines for refunds and reimbursements while understanding that participants ejected from program due to discipline, absence of pay, or code of conduct guidelines might not fall under the refund policy. I acknowledge that absence from the program or missed sessions without medical reason could result in my loss of a refund or reimbursements. Furthermore, I agree that any delinquent payments may result in my account being suspended from future registrations or programs.

| | |
|-----------------------------|------------------------------------|
| Name of Participant(s) | Name of Adult/Guardian if under 18 |
| Signature of Adult/Guardian | Date |

Swim Stroke Clinic

Swimmers will learn how to train more effectively to start their swim season more in shape. The clinic will focus on the stroke technique, starts, and turns. USA Swimming Coaches utilize drill, in water demonstration, and step by step instruction to help swimmers learn. **Prerequisite: Must be able to swim 1 length of the pool unassisted. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|---------|--------|----------------|-------------------|
| 852101A | 6 – 12 | TU – F | Aug 21 – Sep 7 | 5:15 pm – 6:15 pm |
| 852101B | 10 – 18 | TU – F | Aug 21 – Sep 7 | 6:15 pm – 7:45 pm |

Location: McHenry West Campus Pool
 Fee A: \$55/R – \$65/NR
 Fee B: \$75/R – \$85/NR
 Instructor: Sharon Lesniak, USA Swim Coach
 Min/Max: 8/30
 Length: 3 wks

Junior Lifeguard Training

Are you interested in lifeguarding but not old enough yet? Get a sneak peek of what it takes to become a great lifeguard. Students will be taught the basics to get ready for the lifeguarding program, including lifesaving and leadership skills, fitness and professional development. **Prerequisite: American Red Cross Level 4 swim class or equivalent and comfortable in all depths of water in pool settings. Class cancelled due to inclement weather will be made up on Fridays from 6 pm – 7 pm. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|---------|------|----------------|-------------------|
| 852104A | 11 – 14 | T/TH | Jul 17 – Aug 2 | 7:00 pm – 8:00 pm |

Location: Merkel Aquatic Center
 Fee: \$40/R – \$50/NR
 Instructor: American Red Cross Lifeguards & Lifeguard Instructor
 Min/Max: 6/12
 Length: 3 wks

Instructional Water Polo

This program is open to new players who would like to learn the sport of water polo. Come have fun with people you know or make some new friends. Open to both male and female players. Goals and balls will be provided. **Pre-registration is required. (NT)**

| Reg # | Grades | Day | Dates | Time |
|---------|--------|-----|-----------------|-------------------|
| 852102A | 6 – 8 | M | Jun 11 – Jul 16 | 7:30 pm – 8:30 pm |
| 852102B | 9 – 12 | TU | Jun 12 – Jul 17 | 7:30 pm – 8:30 pm |

Location: Merkel Aquatic Center
 Fee: \$50/R – \$60/NR
 Instructor: McHenry High School Water Polo Alumni
 Min/Max: 10/30
 Length: 6 wks

Boating & Water Safety Camp

Children will learn how to properly use different water crafts as well as general safety around the water. They will practice rescues, how to empty a swamped canoe, ways to signal for help, and general boating knowledge. **Prerequisite: Must be able to swim 50 yards unassisted. Required attire: Come ready to get wet and with a change of clothes – swimsuit is suggested. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-------|-----------------|--------------------|
| 852105A | 7 – 13 | M – F | Jun 18 – Jun 22 | 12:00 pm – 4:00 pm |

Location: Petersen Park Beach
 Fee: \$50/R – \$60/NR
 Instructor: American Red Cross Certified Water Safety Instructor
 Min/Max: 6/20
 Length: 1 wk

Club Water Polo

This program offers an opportunity for older and experienced players to come and compete against one another. There is very little instruction and participants should already be at or above the high school level of play. **(NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|----------------|-------------------|
| 852103A | 15 & up | TH | Jun 14 – Aug 2 | 8:30 pm – 9:30 pm |

Location: Merkel Aquatic Center
 Fee: \$60/session pass
 \$10/weekly at the door cash or check only
 Instructor: McHenry High School Water Polo Alumni
 Min/Max: 14/30
 Length: 8 wks

Fishing

Come catch the next big one. Children will work on baiting, casting, identifying different fish, and finding the prime spots to fish. The next great adventure is waiting for the little adventurer in your life. Poles are provided, but children may bring their own as well. Children will get a voucher for a free boat rental and beach entrance upon completion of the course. **(NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-----|----------------|-------------------|
| 852106A | 6 – 10 | TH | Jun 7 – Jun 28 | 3:30 pm – 4:30 pm |

Location: Petersen Park Beach
 Fee: \$40/R – \$50/NR
 Instructor: Aquatics Staff
 Min/Max: 6/12
 Length: 4 wks

Sailing Camp

Teaching fundamentals of sailing, focused on safety and fun. Goals are to have students understand rigging their boats, launching, landing, tacking, jibing, capsizing and recovering safely. Instruction will be customized to the individual students. Students will be grouped according to experience, age and ability so activities can be age and skill appropriate. **Required: Guardian must sign a waiver of release on the first day of class. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-------|-----------------|--------------------|
| 852107A | 8 - 18 | M - F | Jun 11 - Jun 15 | 9:00 am - 12:00 pm |
| 852107B | 8 - 18 | M - F | Jun 18 - Jun 22 | 9:00 am - 12:00 pm |
| 852107C | 8 - 18 | M - F | Jul 9 - Jul 13 | 9:00 am - 12:00 pm |

Location: Comm. Sailing School/Pistakee Bay Min/Max: 2/4
 Fee: \$230/R - \$240/NR Length: 1 wk
 Instructor: Community Sailing School Instructors

Adult Intro to Sailing

This evening course will introduce you to the fun and enjoyment of sailing. Bring a friend or spouse to enjoy learning the skills together or come meet some interesting new friends. **Required: Participant must sign a waiver of release on the first day of class. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|-----------------|-------------------|
| 852108A | 18 & up | TU | Jun 5 - Jun 26 | 5:30 pm - 8:00 pm |
| 852108B | 18 & up | TU | Jul 10 - Jul 31 | 5:30 pm - 8:00 pm |

Location: Comm. Sailing School/Pistakee Bay Min/Max: 2/4
 Fee: \$140/R - \$150/NR Length: 4 wks
 Instructor: Community Sailing School Instructors

Kindersail

Spend Thursday evening with your child as they become comfortable with sailing. The introductory course is for children who are accompanied by a parent/guardian. This is a fun way to learn the world of sailing and water sport. **Required: Guardian must sign a waiver of release on the first day of class. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|-------|-----|----------------|-------------------|
| 852109A | 4 - 7 | TH | Jun 7 - Jun 28 | 5:00 pm - 7:00 pm |
| 852109B | 4 - 7 | TH | Jul 12 - Aug 2 | 5:00 pm - 7:00 pm |

Location: Comm. Sailing School/Pistakee Bay Min/Max: 2/4
 Fee: \$110/R - \$120/NR Length: 4 wks
 Instructors: Community Sailing School Instructors

Water Ski Clinic

Spend a day on Wonder Lake learning the sport of water skiing. Class is taught by the award winning instructors of the Wonder Lake Water Show Ski Team. Kids will learn the skills necessary to ski for the first time or improve upon already established skills. Children may sign-up for morning and afternoon session. Please note at the time of registration if child is a beginner (i.e. never skied before) or intermediate (i.e. ski experience/needs more instruction). Participants are asked to bring a US Coast Guard approved life jacket. Schedule a 30 minute time slot between 9:00 am and 2:00 pm. Double up on a lesson for twice the fun! **Required: Parent/Guardian must sign a waiver of release on the first day of class. Registration closes June 11. Rain date June 22. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|--------|-----|--------|--------------------|
| 852110A | 7 & up | F | Jun 15 | 9:00 am - 12:00 pm |

Location: Hickory Falls Subdivision Min/Max: 8/20
 5313 E Lake Shore Dr, Wonder Lake Length: 1 day
 Fee: \$50/R - \$55/NR
 Instructor: Wonder Lake Water Show Ski Team



Kayak Skills Training

Want to try before you buy? Or do you have a kayak and want to improve some skills. Our experienced kayaker will teach you balance, safety and different rowing skills. Kayaks and life jackets will be provided. One hour sessions are available anytime the beach facility is open. Required: water shoes, swimwear, sunscreen and water. Call Cindy Witt at 815-363-2166 to schedule your date and time. (CW)

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-------|---------------|---------------------|
| 844130A | 13 & up | SU-SA | June - August | 1 hour as scheduled |

Location: Petersen Park Beach
 Fee: \$30/hour
 Instructor: Diane Ducey
 Length: 1 day



Adult Cookie Decorating Workshop

Join us as we help you create beautiful and unique cookies to celebrate summer. Each participant receives 12 of our delicious blank sugar cookies, along with specific decorating techniques using our perfectly prepared royal icing. We promise to make it simple and easy for any skill level, and best of all we'll take care of all the materials and clean up the mess. Please bring a cookie sheet to transport your cookies home. This is a social BYOB event, so grab a friend or two and join the fun. Must be 21 to consume alcohol (ID required). (CW)

| Reg # | Ages | Day | Date | Time |
|---------|---------|-----|--------|-------------------|
| 844131A | 16 & up | F | Jun 1 | 7:00 pm - 9:00 pm |
| 844131B | 11 & up | F | Aug 10 | 7:00 pm - 9:00 pm |

Location: McHenry Recreation Center
 Fee: \$30/R - \$38/NR
 Instructor: Just 4 You Treats
 Min/Max: 6/10
 Length: 1 day

Adult Ballet

Spend a fun evening in a relaxed environment in this beginning ballet class! Students are taught the basic positions of arms and legs, correct body posture and alignment, a beginning vocabulary of steps, and simple combinations of movements using these steps. Enjoy a workout at the barre and center floor choreography to beautiful music. Required: dance, workout or other comfortable clothing and ballet shoes - no jeans. No class on Jul 4. (CW)

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|----------------|-------------------|
| 834121A | 18 & up | W | Jun 13 - Aug 8 | 6:30 pm - 7:30 pm |

Location: McHenry Recreation Center
 Fee: \$42/R - \$52/NR
 Instructor: Jamie Pierce
 Min/Max: 6/12
 Length: 8 wks

Ballroom Dance

Our talented instructors have taught for over 20 years and focus on your comfort and confidence, as well as having fun on the dance floor. They will teach you so you can be a part of the fun dancing at weddings and social events, not sitting on the sidelines! Each session features three dances with beginner and some intermediate steps. Sessions A features Waltz, Swing & Cha Cha; Session B features Fox Trot, Swing & Salsa. No class on Jul 2. (CW)

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|-----------------|-------------------|
| 844132A | 18 & up | M | Jun 4 - Jul 9 | 7:00 pm - 8:15 pm |
| 844132B | 18 & up | M | Jul 16 - Aug 13 | 7:00 pm - 8:15 pm |

Location: McHenry Recreation Center
 Fee: \$40/R - \$50/NR per person
 Instructor: Frank & Jackie Penze
 Min/Max: 6/10 couples
 Length: 5 wks

Stand Up Paddle Board Yoga **NEW!**

Shake up your fitness routine with this fun, yet challenging class centered on building strength and balance. Your core stabilizing muscles will constantly be engaged and challenged as you build your practice on the board. No previous paddle board experience is needed. This is taught in a 5ft-6ft depth of water. Participants should be able to swim without assistance. (NT)

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|----------------|-------------------|
| 852115A | 16 & up | W | Jun 6 – Jun 27 | 3:00 pm – 4:00 pm |
| 852115B | 16 & up | W | Jun 6 – Jun 27 | 4:00 pm – 5:00 pm |
| 852115C | 16 & up | W | Jul 11 – Aug 1 | 3:00 pm – 4:00 pm |
| 852115D | 16 & up | W | Jul 11 – Aug 1 | 4:00 pm – 5:00 pm |

Location: Petersen Park Beach
 Fee: \$50/R – \$60/NR
 Instructor: Certified Fitness Instructor

Min/Max: 2/4
 Length: 4 wks

Open Water Training **NEW!**

Work on training in open water on our lake. A certified swim coach will run through drills and training to help prepare swimmers for open water races and events. Swimmers will learn to adjust to the elements while being supervised by trained aquatic staff. Swimmers must be able to pass a 500 yard swim test on the first day of class to participate. (NT)

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|----------------|---------------------|
| 852116A | 12 & up | TH | Jun 7 – Jul 12 | 3:00 pm – 4:30 pm |
| 852116B | 12 & up | SA | Jun 9 – Jul 14 | 10:30 am – 12:00 pm |

Location: Petersen Park Beach
 Fee Both: \$80/R – \$90/NR
 Fee Each: \$50/R – \$60/NR
 Instructor: Certified Swim Coach

Min/Max: 5/10
 Length: 6 wks

Aqua Boot Camp **NEW!**

This fitness class is a circuit workout in and out of the pool. Participants will spend a few minutes at each station to receive a full body workout. The class will be held in both the shallow and deep ends of the pool; participants must be comfortable in the deep water to participate in this class. (NT)

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|-----------------|-------------------|
| 852117A | 14 & up | TU | Jun 5 – Jun 26 | 5:00 pm – 6:00 pm |
| 852117B | 14 & up | TH | Jun 7 – Jun 28 | 5:00 pm – 6:00 pm |
| 852117C | 14 & up | TU | Jul 10 – Jul 31 | 5:00 pm – 6:00 pm |
| 852117D | 14 & up | TH | Jul 12 – Aug 2 | 5:00 pm – 6:00 pm |

Location: Merkel Aquatic Center
 Fee: \$45/R – \$55/NR
 Instructor: Certified Fitness Instructor & Swim Coach

Min/Max: 6/15
 Length: 4 wks

Aqua Aerobics

This class is great for anyone looking to work out with low impact on the bones. Exercises can be modified based on ability level. Work aerobically while toning core muscles as you stabilize your body position in the water. (NT)

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|----------------|---------------------|
| 852118A | 14 & up | M | Jun 4 – Jun 25 | 5:00 pm – 6:00 pm |
| 852118B | 14 & up | W | Jun 6 – Jun 27 | 5:00 pm – 6:00 pm |
| 852118C | 14 & up | M | Jul 9 – Jul 30 | 5:00 pm – 6:00 pm |
| 852118D | 14 & up | W | Jul 11 – Aug 1 | 5:00 pm – 6:00 pm |
| 852118E | 14 & up | SA | Jun 9 – Jun 30 | 10:30 am – 11:30 am |
| 852118F | 14 & up | SA | Jul 7 – Jul 28 | 10:30 am – 11:30 am |

Location: Merkel Aquatic Center
 Fee: \$45/R – \$55/NR
 Instructor: Certified Fitness Instructor & Swim Coach

Min/Max: 6/15
 Length: 4 wks



Bump Fitness

This program is designed to meet the physical needs and demands of pregnancy, labor and delivery through safe strength training, cardio and stretching. Special emphasis is placed on the abdominal, pelvic floor and back musculature. Join Casie, mom of 3, to learn how to exercise safely and effectively during pregnancy. All stages of pregnancy welcome. **Physician clearance is suggested.**

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|-----------------|--------------------|
| 873501A | 18 & up | TH | Jul 12 – Aug 16 | 12:15 pm – 1:00 pm |

Location: McHenry Recreation Center
 Fee: \$59/R – \$75/NR
 Instructor: Casie Barrettsmith
 Min/Max: 4/15
 Length: 6 wks



Booty Barre

A combination of yoga, dance and Pilates techniques will be presented to increase strength and flexibility. An energetic class that will chisel your body.

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|---------------|-------------------|
| 873502A | 14 & up | M | Jun 4 – Jul 9 | 5:30 pm – 6:15 pm |

Location: McHenry Recreation Center
 Fee: \$55/R – \$65/NR
 Instructor: Aneta Ivanova
 Min/Max: 4/14
 Length: 6 wks

Yoga Sculpt

Looking to challenge your body AND mind? Yoga Sculpt is the unique combination of traditional yoga postures, core training and cardio. It is a challenging class with upbeat music designed to strengthen your yoga practice, tone all muscle groups and burn calories. Yoga Sculpt is tailored for all abilities, goals and desires.

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|----------------|-------------------|
| 873503A | 14 & up | M | Jun 4 – Jun 25 | 6:30 pm – 7:30 pm |

Location: McHenry Recreation Center
 Fee: \$36/R – \$46/NR
 Instructor: Certified Fitness Instructor
 Min/Max: 4/15
 Length: 4 wks

Bike and Bites

Take your fitness class outside this summer. Ride to a local restaurant for dinner and make it back before dark. This adventure will take you about 5 miles from the Recreation Center. Please be prepared to purchase your meal. **In the event of inclement weather, the cycle class and meal will take place inside.**

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|--------|-------------------|
| 873504A | 18 & up | TU | Jun 12 | 6:00 pm – 7:30 pm |
| 873504B | 18 & up | TU | Jun 26 | 6:00 pm – 7:30 pm |
| 873504C | 18 & up | TU | Jul 10 | 6:00 pm – 7:30 pm |
| 873504D | 18 & up | TU | Jul 24 | 6:00 pm – 7:30 pm |

Location: McHenry Recreation Center
 Fee: \$7/R – \$10/NR
 Instructor: Cindi Stoffel
 Min/Max: 4/15
 Length: 1 day





Open Pickleball

Do you love tennis, ping pong, or badminton? Pickleball is the sport for you! A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. **Everyone must sign a waiver upon entering the facility and present proper ID. Beverages, smoking, and children are not allowed during open pickleball. (NT)**

| Reg # | Ages | Day | Dates | Time |
|---------|---------|-----|-----------------|---------------------|
| 872133A | 18 & up | SU | May 13 – Jun 24 | 10:00 am – 11:30 am |

Location: Knox Park Tennis Courts
 Fee: \$2/person cash or check only

Pickleball League

NEW!

Are you looking to stay active this summer? Grab a friend and join our doubles league. Season will consist of a six game league with single-elimination playoff tournament. League winners will receive a t-shirt and plaque. (NT)

| Reg # | Ages | Day | Dates | Time |
|-------|---------|-----|-----------------|--------------------|
| 18PL | 18 & up | SA | Jul 28 – Aug 25 | 9:00 am – 11:00 am |

Location: Knox Park Tennis Courts
 Fee: \$40/doubles team (2 players per team)

Summer Softball League

Roster forms for softball leagues will be available at the McHenry Recreation Center or by e-mailing nthompson@ci.mchenry.il.us. League starts May 1. Top teams receive prizes which include discounts on future team and league payouts. **Complete roster and full payment are required in order to secure a spot in the league. Payment is deposited immediately. Teams must be in before Friday, April 22! (NT)**

Men's 12" Softball League

The Men's 12" Softball League consists of a 14 game schedule followed by single-elimination tournament with seeds based on league standings. **Rec Division (Wed)** – Teams will compete for discount voucher to winner of the night. Playoff winners receive payout of plaques and shirts. **Competitive Division (Fri)** – Team will compete for discount voucher to winner of the night. Playoff winners receive payouts of plaques and partial reimbursement of league fee. Competitive playoffs are combined and run across two nights. **Early bird discount of \$100 if paid in full by April 6!**

| Reg # | Ages | Day | Starts | Time |
|--------|---------|-----|--------|-------------------|
| 18SLCM | 18 & up | M | Apr 30 | 7:00 am – 9:00 pm |
| 18SLCT | 18 & up | TU | May 1 | 7:00 am – 9:00 pm |
| 18SLRW | 18 & up | W | May 2 | 7:00 am – 9:00 pm |

Location: Knox Park Ball Fields
 Fee: \$700 + \$25 Forfeit Fee

Co-Ed 12" Softball League

Co-Ed 12" Softball League consists of an 8 game schedule and playoff tournament. **Rec Division (Thu)** – Teams will compete for discount voucher to winner of the night. Playoff winners receive payouts of plaques and shirts. **Competitive Division (Fri)** – Team will compete for discount voucher to winner of the night. Playoff winners receive payouts of plaques and cash/vouchers. **Early bird discount of \$50 if paid in full by April 6!**

| Reg # | Ages | Day | Starts | Time |
|---------|---------|-----|--------|-------------------|
| 18SLRTH | 18 & up | TH | May 3 | 7:00 pm – 9:00 pm |
| 18SLCF | 18 & up | F | May 4 | 6:30 pm – 9:30 pm |

Location: Knox Park Ball Fields
 Fee: \$450 + \$25 Forfeit Fee

Women's 12" Softball League **NEW!**

Women's 12" Softball League consists of an 8 game schedule and playoff tournament. **Early bird discount of \$50 if paid in full by April 6!**

| Reg # | Ages | Day | Starts | Time |
|---------|---------|-----|--------|-------------------|
| 18SLWTU | 18 & up | TU | May 1 | 7:00 pm – 9:00 pm |

Location: Petersen Park Fields
 Fee: \$450 + \$25 Forfeit Fee

Adult Co-Ed Soccer League **NEW!**

League will be an 8 game double-header format. League will follow FIFA rules. League winners will receive t-shirts and plaque. League registration forms available at the McHenry Recreation Center. League will be 11 vs. 11 format on a full-size field. Games will consist of two 20 minute running halves. Players under 18 years old must have legal guardian sign a waiver with the parks department before first game. **Teams may only have 4 players under the age of 18 per team. League registration closes on July 7. (NT)**

| Reg # | Ages | Day | Starts | Time |
|-------|---------|-----|--------|-------------------|
| 18SL | 16 & up | W | Jul 11 | 6:30 pm – 9:00 pm |

Location: Knox Park Soccer Field
 Fee: \$300 + \$15 forfeit fee
 Min/Max: 32/96

Knockerball Soccer League **NEW!**

Who doesn't want to wear a giant bubble and bump against friends as you try to win a soccer match? Come out and stay active all while having great laughs with friends. League will consist of 10 games. Teams will consist of 6 players on the field at any time. Rosters may have a maximum of 12 players. All fees and a completed roster are due at registration. Rosters available by e-mailing nthompson@ci.mchenry.il.us. League and forfeit fees must be paid separately. **Deadline to register is June 11. (NT)**

| Reg # | Ages | Day | Dates | Time |
|-------|---------|-----|-----------------|-------------------|
| 18NSL | 18 & up | F | Jun 22 – Jul 27 | 6:30 pm – 8:30 pm |

Location: Knox Park Soccer Field
 Fee: \$450 + \$15 Forfeit Fee

Fall Double-Header Softball League

Roster forms for softball leagues will be available at the McHenry Recreation Center or by e-mailing nthompson@ci.mchenry.il.us. League starts after Labor Day. Top teams receive prizes which include discounts on future team and league payouts. **Complete roster and full payment are required in order to secure a spot in the league. Payment is deposited immediately. Teams must be in before Monday, August 27! (NT)**

Men's 12" Softball League

The Men's 12" Softball League consists of an 8 game schedule followed by single-elimination tournament with seeds based on league standings. Prizes awarded for 1st place of each night and 1st-3rd place in playoffs.

| Reg # | Ages | Day | Starts | Time |
|-------|---------|-----|--------|-------------------|
| 18FT | 18 & up | TU | Sep 4 | 7:00 pm – 9:00 pm |
| 18FW | 18 & up | W | Sep 5 | 7:00 pm – 9:00 pm |

Location: Knox Park Ball Fields
 Fee: \$400 + \$25 Forfeit Fee

Co-Ed 12" Softball League

Co-Ed 12" Softball League consists of an 8 game schedule and playoff tournament. Friday will consist of a recreational & competitive division. Limit 6 teams per division.

| Reg # | Ages | Day | Dates | Time |
|--------|---------|-----|-------|-------------------|
| 18SLTH | 18 & up | F | Sep 7 | 6:30 pm – 9:30 pm |

Location: Knox Park Ball Fields
 Fee: \$400 + \$25 Forfeit Fee



Looking to join a team?
 Let us help! Contact our athletics supervisor at 815-363-2165 or nthompson@ci.mchenry.il.us to join our free agent list!

Registration

All McHenry Parks & Recreation Department (MPRD) programs require a minimum number of participants at least five business days before a class begins. A maximum number is also listed to ensure quality instruction. Classes may be combined and times modified to facilitate better programs. Receipts are mailed or emailed to those enrolled.

Online Program Registration

The McHenry Parks & Recreation Department offers online registration for recreation programs. This convenient registration process is free and the website offers a secure payment area.

For online registration: City of McHenry residents and non-residents can prepare for this feature by visiting the website and downloading/completing the enrollment form. This form is available on page 49. For residents residing within City boundaries, you will need to provide proof of residency on an annual basis.

Our staff will create your account and provide a login and password for your use.

Note: Registration begins April 4 for Residents (R) and April 11 for Non-Residents (NR). Sometimes a program cannot be registered online. If this is the case, it will be noted in the program description.

Inclusion

The City of McHenry does not discriminate on the basis of race, color, sex, national origin, age or disability in compliance with the Illinois Human Rights Act, the Illinois Constitution, Title VI of the 1964 Civil Rights Act, Section 504 of the Rehabilitation Act of 1973 as amended, and the U.S. Constitution. If you need accommodations to participate in any programs, please contact the office at least one week prior to the start of the program.

Photo Policy

Participants in programs and special events permit the taking of photos and videos of themselves and their children for potential publication in MPRD printed materials as well as for online/electronic media. All photos and videos taken on Department property are for Department use and become its sole property.

Refund Policy

For activities cancelled by McHenry Parks & Recreation Department, payments will be credited to your account. A refund will be issued upon request.

To withdraw from a program, a refund request form must be completed. Forms are available at the McHenry Recreation Center and online. Forms can be dropped off or mailed to: McHenry Parks & Recreation Department
3636 Municipal Drive
McHenry, Illinois 60050

A full **100% credit or refund** will be issued if withdrawals are requested at least seven (7) calendar days prior to the activity start date less a \$5 fee.

A **75% credit or refund** will be issued if withdrawals are requested up to six (6) calendar days prior to the activity start date.

A **50% credit or refund** will be issued if withdrawals are requested after the first meeting and before the second meeting of a session.

No credit or refunds will be issued after activity session has met twice.

Late activity registrations will not be prorated. Please note activity refund and cancellation policy may vary by program area.

Refunds for cash or check payments will be made by check. Please allow three to four weeks. Refunds to credit card transactions will be applied to the card used.

Program credits or refunds are subject to Program Supervisor's approval. Refunds will not be approved for trips, adult athletics and leagues, daily passes, pool passes, fitness punch passes and fitness memberships. Passes and memberships are non-transferable.

McHenry Parks & Recreation Department
PROGRAM REGISTRATION FORM

Date: _____

CONTACT / FAMILY INFORMATION

Proof of residency is required to receive resident rates.

A family is defined as no more than two adults and their unmarried children, through 21 years of age, residing in the same household full time.
 Children 22 years and older, as well as other relatives and/or individuals in the same household are not in the definition of a family.

| | | | | |
|----------------------------------|----------------------------------------------------------|--------|-----|-------|
| Last Name | Family Member Names (Please note different last name) | Gender | DOB | Grade |
| Residential Address | Adult | | | |
| City/State/Zip | Adult | | | |
| Home Phone | Child | | | |
| Cell Phone | Child | | | |
| Work Phone | Child | | | |
| Emergency Phone | Child | | | |
| Emergency Contact & Relationship | Email Address | | | |

PROGRAM INFORMATION

| Reg # | Program Name | Participant's Name | Fee |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|--------------------|------------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| <input type="checkbox"/> Check if any participant needs any accommodations, in accordance with The Americans with Disabilities Act, to effectively participate in any of these programs. | | | Total Due: |

PLEASE COMPLETE AND SIGN BACK PAGE - REQUIRED TO PROCESS ENROLLMENTS

PAYMENT INFORMATION

Mail or Drop-off: 3636 Municipal Drive, McHenry, IL 60050 • Fax: 815-363-3186 • Email: recinfo@ci.mchenry.il.us
 Make checks payable to City of McHenry. If paying by credit card, please complete the following:

| | | |
|--------------------|-------------------------|---------------|
| Credit Card Number | Expiration | Security Code |
| Card Holder's Name | Card Holder's Signature | |

McHenry Parks & Recreation Department
PROGRAM REGISTRATION FORM

Please review and sign - required to process enrollments

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK / PHOTO RELEASE / REFUNDS

WARNING OF RISK: Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slip and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities exist. In this regard, it must be recognized that it is impossible for the City of McHenry Parks & Recreation Department and McHenry Marlins to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK: Please read this form carefully and be aware that in signing up and participating in the programs listed above, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these programs (including transportation services and vehicle operations, when provided). I recognize and acknowledge that there are certain risks of physical injury to participants in these programs, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these programs against the City of McHenry Parks & Recreation Department and McHenry Marlins including its officials, agents, volunteers and employees. In the event of an emergency, I authorize the City of McHenry Parks & Recreation Department and McHenry Marlins to secure any/all necessary medical attention for me and/or my child/ward and further agree that I will be responsible for any and all medical services rendered.

I HAVE READ AND FULLY UNDERSTAND the important information, warning of risk, assumption of risk, and waiver and release of all claims. If registering online or via fax, my online or facsimile signature shall substitute for and have the same legal effect as an original form signature. I further understand that my signature is required below in order to participate in City of McHenry Parks & Recreation programs.

PHOTO RELEASE: The City of McHenry Parks & Recreation Department and McHenry Marlins take photos and videos of participants in programs, during special events, and in City of McHenry parks and facilities. By signing this waiver, I give permission to the City of McHenry and McHenry Marlins to use these photos and videos in its publications, websites and social media outlets without further permission and without compensation. All photos and videos are the property of the City of McHenry and McHenry Marlins.

PAYMENT POLICY: I do hereby affirm that I understand submitting this application makes me responsible for all registration fees, deposits, and late fees incurred. I understand that the City of McHenry Parks & Recreation department reserves the right to dismiss a participant from the program if all fees are not paid. I agree to follow the City of McHenry Parks & Recreation guidelines for refunds and reimbursements while understanding that participants ejected from program due to discipline, absence of pay, or code of conduct guidelines might not fall under the refund policy. I acknowledge that absence from the program or missed sessions without medical reason could result in my loss of a refund or reimbursements. Furthermore, I agree that any delinquent payments may result in my account being suspended from future registrations or programs.

| | |
|-----------------------------|------------------------------------|
| Name of Participant(s) | Name of Adult/Guardian if under 18 |
| Signature of Adult/Guardian | Date |

Discipline

A positive approach is used regarding discipline. Staff periodically reviews rules with participants during program. If inappropriate or unacceptable behavior occurs, prompt resolution will be sought and the Behavior Code of Conduct will be used as a guideline. MPRD reserves the right to remove a participant whose actions endanger the safety of him/herself or others.

The Behavior Code of Conduct includes:

Show respect to all participants, staff and volunteers.
Follow directions from staff and volunteers.
Show respect for equipment, supplies and facilities.
Will not use inappropriate, abusive or foul language.
Will not show any disruptive or aggressive behavior (hitting, punching, slapping, kicking, biting, etc.), regardless of whether behavior is initiated or in retaliation.

Termination of Participant

MPRD reserves the right to terminate the participation of any individual in any Department program, event or facility for disruptive behavior or if it is considered by the Department that continued participation of the individual is not in the best interest of the participant or others.

Safety is a Priority

MPRD recognizes that safety is a top priority to all who visit our parks and facilities. We place an emphasis on safety to ensure that you, as park and facility patrons, have a safe, fun experience.

To ensure your parks and facilities are as safe as possible, we need your help. If you see or hear about something that may be unsafe, i.e. broken playground equipment, an animal hole by an athletic field, or anything that you feel may be hazardous, please call us at 815-363-2160.

Care for Your Parks

Preserve the natural beauty around you. Please don't climb trees, cut branches, pick plants or flowers, or approach animals or their nests. Dispose of litter properly. Please recycle this brochure when finished.

Oops!

Occasionally, there may be an error that appears in print or online regarding days, times, requirements, fees or other information. When such errors occur, MPRD will do everything possible to correct the situation promptly. Thank you for your understanding.



CITY OF MCHENRY
PARKS & RECREATION DEPARTMENT
3636 MUNICIPAL DRIVE
MCHENRY, ILLINOIS 60050
815-363-2160

PRESORTED
STANDARD
US POSTAGE PAID
PERMIT NO 48
MCHENRY, IL

MAY-AUG

May 5

*Day of Play &
Fitness Fair*

June 18

*Chicago Pedway &
Pizza Trip*

July 16

*Big Wheels
Event*

May 11

*Mom's Night Out
Dance Party*

June 29

*Lake Geneva Tour &
Lunch Trip*

July 18

*Kids Open Track
Meet*

May 27

*Chicago Cubs at
Wrigley Field Trip*

July 7

*Beach Volleyball
Tournament*

Aug 4-5

*5-on-5 Basketball
Tournament*

May 27

*Merkel Aquatic
Center Opens*

July 13

*Lake County
Libation Tour Trip*

Aug 22

*Madison Tour &
Wine Tasting Trip*

June 16

*Kids Fishing
Derby*

July 14

*River Run
5K & 10K*

Sept 3

*Chicago Cubs &
Miller Park Trip*